

LAMBDA

Laurentian University's Student Newspaper
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Coffee and Donut

Feature

...Pages 6-9



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JOE CLARK ATTACKS LAURENTIAN STUDENTS...



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"I'm Selling them on eBay!" states Clark

...See Page 2 for Details

Selling Our Souls On-Line Since 1961

Ninth Annual Model Parliament a Smashing Success

by Oliver Curwen
staff writer

The Ninth Annual Model Parliament was a smashing success. Just over one week ago, 62 politically minded students and a handful of professors made the 6-hour trip to our nation's capital. Last Monday morning in the midst of a blinding snowstorm, the group, organized by the Laurentian University Political Science Association (LUPSA) set off in two buses. While the trip was uneventful in itself, the group was already preparing itself for the long day ahead on Tuesday, regardless of party or political leanings. After its arrival in Ottawa, the group was given a quick tour of the Parliament Building and was allowed a glimpse into the Senate as well as the House of Commons, in which it would be

spending 8 hours on Tuesday. After the tour, the group headed off in various directions to have some dinner, polish off their speeches and even soothe their nervousness with a few drinks (as do the real politicians!).

Tuesday morning came and the 5 parties, the governing Liberals, the Opposition New Democrats, as well as the Progressive Conservatives, Canadian Alliance and Bloc Quebecois all sitting opposite the Liberals, took their seats. After Deputy Clerk and Sergeant-at-Arms Professor Dr. Josie Hernandez de Leon ceremonially carried the University's mace in, in came the day's Speaker Neil McGraw, a former L.U. student, followed by the Clerk, Professor Dr. Rand Dyck. After some opening remarks by the Speaker, the

day started off with the Leaders' Speeches.

The Prime Minister, Celine Henry, who was then followed by Opposition Leader Robert Porter, led off the speeches. After their speeches came, the other party leaders, and the entire group had the good fortune to have the Honorable Deputy Prime Minister Herb Gray speak to them, although it broke up PC Leader Oliver Curwen's speech.

Following the Leaders' Speeches, done by upper-year political science students, including Alliance Leader Dave Knechtel and Bloc Leader Steve Pageau, the "other" students had their opportunity to speak. The Liberals presented their first bill of the day, an act to reform the Young Offenders Act. The bill was debated heavily on all sides, and passed its first reading, and was then sent to a standing committee where all parties sent a representative to propose amendments in preparation for a second reading. After the committee was sent off, various members of all stripes were allowed to present Statements. These Members' Statements afforded them the opportunity to either say something on behalf of their constituencies or some other matter they found important. After that period and while the committee still met, the Liberals under the capable Finance Minister Rennie Mastin presented their budget. After this period ended, the group broke for lunch minutes after noon, many to try the Cafeteria's daily special of lasagna.

At 1 p.m., the group reconvened to hear the standing committee's unchanged and still very Liberal bill on Young Offenders, which passed, as had the budget. Next on the Agenda came the NDP bill, an act to establish proportional representation and to control election financing. (As we all know, the current first-past-the-post electoral system grossly favors the government, and leaves the other parties underrepresented.) Unfortunately for the NDP, their bill did not quite get enough votes to pass, much to their shame. After that bill's failure to pass came Question Period, the chance for members to attempt to embarrass the government, a feat which was indeed difficult, though not impossible to



Joe Clark's first Day as a tour guide

do. Then came the PC bill, which was to see the establishment of a Canadian Internet Security Agency. This bill passed with the help of the government and therefore also received Royal Assent, putting it into law. The second last item on the "Day's" Agenda was the Alliance bill entitled "Local Solutions to Rural Challenges." This bill was by far the most boring, however it was revealed by Leader Dave Knechtel to in fact be directly out of the Liberal government's Red Book 2000, a feat which the Alliance under Mr. Stockwell did have also managed to pull off. The fact that the governing Liberals voted against their own bill was embarrassing, but that didn't stop them from pushing their second and final bill of the day, an act to replace the Canadian currency with the American dollar. This was not popular except with the Liberals and the Bloc, who saw the adoption of the US dollar as a step in the way to a distinct currency for Quebec; clever indeed. Fortunately for Canada, that bill was voted down and the treasured loonie lives on.

As a result of that bill's failure, a no-confidence vote in the government, the Speaker declared the government fallen and the session thus ended on a happy note. After the group broke out, who was spotted in the foyer outside the House but real PC Leader Joe Clark! After a few anxious minutes' wait, the PC group of seven was afforded the opportunity to briefly discuss their bill and trade some laughs with the former

Prime Minister, who even posed for a picture before disappearing. After that high note, the group met soon after for dinner in the National Press Club, where journalists quench their sore throats after screaming questions at politicians. Standing in the Club, it appeared many present on the trip also seemed to have sore throats, and the evening ended with many awards handed out. While it indeed would have been nice to see everybody receive an award as there were many fine performances, the Political Science Department's budget is being slashed, so much so that the PC Leader even got a blue flag as an award! In any case, by 8:30 the group was let loose on Ottawa, to take in the sights and sounds of the capital, only to reconvene again by noon on Wednesday for the bus ride back to Sudbury. The trip was way too short for some, especially those who had tests to write that evening, but by and large the trip was an immense success.

A great Thank You goes out to all those who helped plan and fund the trip: the Political Science Department under Dr. Dyck, the LUPSA Executive, the party leaders, and also the committed effort of all those who attended. The trip afforded those who went the opportunity to sit in the seat of this nation's government and debate important issues, an event only a select few are allowed to do every year. This writer hopes to see the Model Parliament continue to grow; maybe one day it will overflow the House of Commons' 301 seats?



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Pub DownUnder Clears Up ID Situation

Hugh Panelas
Staff Writer/Pub Security

Over the past few weeks, the Pub DownUnder has been receiving many complaints and concerns about what constitutes as proper identification. It seems that every night there are always a few incidents at the front door about people not having full, complete identification. According to subsection 30 (6) of the Liquor License Act, there are 5 types of identification that can be legally accepted. They are as follows:

1. A driver's license issued by the Province of Ontario with a photograph of the person to whom the license is issued.
2. A Canadian Passport
3. A Canadian citizenship card with a photograph of the person to whom the card is issued.
4. A Canadian armed forces identification card.
5. A photo card issued by the Board (BYID)

One of the main areas of question as of late is that of the driver's licenses' with the sticker marked "Valid Photo ID Only". This sticker means that legally only the photo is valid. The information on the card is no longer accurate due to an expiration of that license, change in license class, or change of personal information. That is why the sticker is supposed to be placed over the numerical information on the card.

If your license has one of these stickers on it, it means that your license is temporary. It is valid for 90 days, in which time a replacement card that has been updated will be mailed to you. You need the piece of paper that was given to you because that is the proof that the information on your license is accurate. You need that piece of paper to enter the Pub and if you arrive without it you will be denied entry because your license is not valid without it. If you drive without that paper and are pulled over, you will be ticketed because you'd be driving without a proper valid license.

The reason that you need valid ID to be in the Pub is because

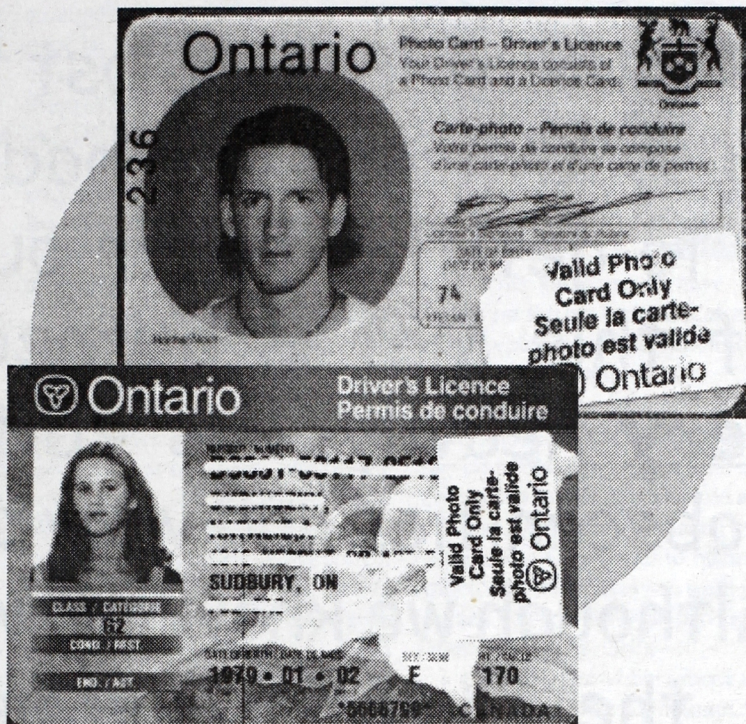


Photo Card Stickers Make these IDs unacceptable as Age Identification

on any night, the Liquor Inspector can arrive and do ID spot checks. If the inspector was to check someone's ID and it was to be invalid, then the Pub would be written up and could have their Liquor License suspended for up to 14 days. If it was to happen repeated times, then the Pub could lose their Liquor License and as a result would be shut down. If the Liquor Inspector checks a person for ID and they do not have any, then they are considered underage. The same consequences can occur under these circumstances. This is why when an under-age person leaves the Pub without picking up their ID, we assume that they have been drinking.

Another issue is that of the student cards. The Pub asks that everyone please get his or her student cards updated. On a busy Thursday night anywhere between 90-100 people are signed in. Of these 100 people, approximately 15-20 of those are non-students. The remaining are students that don't have their student cards updated. The cost is only \$2 for off campus students and it is free for those who live in residence. You

need an updated student card to go to the gym and take out library books so it isn't asking much to get it updated.

Another option to the driver's license is the BYID card from the L.C.B.O. This card is a legal, valid form of ID. Applications for these cards can be picked up at the front door of the Pub. For a small fee of \$15 anyone can get one of these cards from the L.C.B.O. It is accepted anywhere at anytime, no questions asked. If you have any questions feel free to ask, or write the Liquor Inspector:

Lorne Blais
Alcohol and Gaming Commission
20 Dundas Street West
8th Floor
Toronto, Ontario
M5G 2N6

Finally, Pub manager Pierre DuBois sums it up best, "We understand that the Pub is rather strict on its ID policy. Because of this, I can assure you that we will never be shut down because of any identification issues. We will always be here for the students."

Laurentian Professor's Book Chosen as an "Outstanding Academic Title"

LU Press Release

The book *Between a Rock and a Hard Place: A Historical Geography of the Finns in the Sudbury Area*, written by Dr. Oiva Saarinen, Geography professor at Laurentian University, was selected for inclusion in *Choice's* 37th annual Outstanding Academic Titles list, which appeared in the January 2001 issue of *Choice* magazine.

Selection criteria include excellence in scholarship and presentation, significance with regard to other literature in the field, and recognition as an important, and often first, treatment of a specific subject in print or electronic format. Comprising fewer than 10% of the titles reviewed by *Choice* during that past

year, and fewer than 3% of the 25000 titles submitted for review, Outstanding Academic Titles are considered the "best of the best."

Between a Rock and a Hard Place is a penetrating study of the cultural geography of the Finns in the Sudbury region. In this book, Dr. Saarinen describes the settlement of Finnish immigrants in the Sudbury basin and their capacity to adapt to the physical reality of the area: rugged hills, mines, farms, and forests set in the Precambrian Shield. *Between a Rock and a Hard Place* looks at the new reality that these settlers had to contend with, as well as the problems and stresses of dealing with a new culture, while facing harsh conditions.

Since 1883, Finnish immigrants in Sudbury have never flagged in their unwavering fight for workers' rights and the union movement. As agricultural settlers, labor reformers, builders of churches, halls, saunas, and athletic fields, Finns left an indefinable imprint on Sudbury's physical and human landscape. This book provides an international, national, and local framework for analysis, and is model for future studies of other cultural groups.

Published in 1999 by the Wilfrid Laurier University Press, *Between a Rock and a Hard Place* is available for \$44.95 in Sudbury at the Laurentian University Bookstore, at Leinala's Bakery, Chapters and Coles.

News Briefs

Laurentian Celebrates the Achievements of Women

To celebrate International Women's Day, Laurentian University's Presidential Advisory Committee on the Status of Women honoured the achievements of five Sudbury area women during its annual Awards Ceremony. The event was held on Thursday, March 8 in Laurentian University's Governor's Lounge. Honoured at the ceremony were Darlene Naponse, Bernadette Schell, Gabrielle Lavigne, Donna Mese, and Maureen Lacroix.

Darlene Naponse is a part-time Native student at Laurentian University. She is an accomplished writer, film director and teacher. Competing in a field that is non-traditional for women, she is sharing the stories of Natives with the rest of the world.

Bernadette Schell, the Director of Laurentian University's School of Commerce and Administration, was recognized for her work in the area of women's issues. She published a book on stalking and harassment, worked in the field of stress management, and has displayed leadership in the field of management.

Gabrielle Lavigne, Manager of Laurentian's Placement Centre, is being honoured for her lifetime work related to women's issues both on campus and in the communities of Montreal and Sudbury.

Donna Mese is a role model for young women. She is recognized for her diligent work at Cambrian College where she helped establish the Women Centre, and in her church by feeding the poor.

Maureen Lacroix, the Vice-Chair of Laurentian University's Board of Governors, has been an outstanding community leader in the field of health care, social housing, arts and education, both as a professional and as a volunteer.

Students Reject StatsCan Report

Students were outraged by conclusions drawn in an article in last week's *National Post*. The story claimed students were unconcerned about high student debt loads, and featured the headline, "Students undaunted by enormous debts". It referred to a report that recently appeared in *Education Quarterly Review*, a publication of Statistics Canada. The report, based on a national survey of university graduates, claimed that graduates with \$15,000 or more in debt are more likely to pursue further studies than those with smaller debts.

"This merely confirms something students already knew," said Michael Conlon, National Chairperson of the Canadian Federation of Students. "It should come as no surprise that applicants to graduate school are likely to have spent longer in university and therefore accrued a larger debt than individuals who chose not to pursue graduate studies."

"It's outrageous that this was interpreted to mean that the prospect of a massive student loan debt doesn't pose a barrier to access education," said Conlon. He also questioned the ability of the survey to pinpoint access problems. "They only track those who graduate," he said. "There's no way to see those who were too daunted by the possibility of debt to enroll, or those who dropped out because of the financial strain."

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Lambda circulates 3,300 copies throughout the city of Sudbury and the Laurentian University Campus. We thank the following for permitting us to circulate our paper at their establishments.

The Black Cat & Black Cat Too

Douglas Variety & Video

East Side Marios (Lasalle)

Casey's Grillhouse

This Ain't The Only Café

Mr Sub (Kingsway)

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1500 Pub & Cues

Respect is Burning



Lambda Publications is the weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Student's General Association, yet remains autonomous from all university organizations, both student and administrative.

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EDITOR'S CORNER

Lambda Readers...

Due to a Computer Virus we lost the Entire Paper on Tuesday night and had to pull an all-nighter to get this paper out in time. Because of this Mat is burned out and drinking **very** heavily. His editorial was laced with obscenities and very slanderous material. Although we know you would have enjoyed it, the editorial has been pulled and Mat has been sent home to relax.

Lambda Publications Staff

SPACE FOR RANT ... Letters to the Editor

Dear Lambda,

In last week's Lambda Mr. Yake proposed the idea that Laurentian University sponsor a distinguished speaker series. He used an example the lecture given by Dr. Fairgrieve which was presented by the Laurentian Association of Forensic Scientists (L.A.F.S.). Mr. Yake suggested that L.A.F.S. should not have to bear the expense but that the Anthropology dept. should host these events.

Although we at L.A.F.S. appreciate his support of our lecture series, we would not like their purpose to be misconstrued. Having a lecture series by forensic experts not only provides a means of fundraising for our new and petty cash strapped organization, but it is also something that we as an organization wanted to provide to the students and to the community. In fact next year we hope to expand our lecture series, seeing as this year's were so successful. L.A.F.S. would like to thank all those who came to our lecture series, we hope you enjoyed them and that you will join us again next year.

Karen Hickey

Vice-President L.A.F.S.

E-mail Message of the Week:

Dear Lamda... you need to learn too spell!

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JOE CLARK ATTACKS LAURENTIAN STUDENTS...



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Mat Thompson

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Oliver Curwen

Write to Us, But Remember...

All submissions become the property of Lambda Publications and thus will be subject to editing. Letters submitted must bear the author's full name and student number. Letters will not even be considered without this information, but names will be withheld upon request. Letters must be no longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length. Letters of a harrasing or slanderous manner will be death with by the proper authorities.

Lambda



LAMBDA STAFF ELECTIONS

Lambda's yearly elections are quickly approaching. Every position on the masthead is open for contest by members of the SGA/AGE. Voting privileges are held by Lambda Staff Members, unless relinquished.

There are candidacy restrictions that apply to the positions of Editor-In-Chief, Financial Director, and Assistant Editor. Nominations for these positions are open from Friday, March 9th, 2001. Elections will proceed Friday March 22.

Nominations for all other positions within Lambda Publications are open from Friday March 16th with the elections to follow on Friday, March 30th.

Please contact Mat Thompson, Editor-In-Chief for complete details regarding nomination procedures or candidacy restrictions.

Drop by SCE 301 or call 673-6548

Copy Deadline:
Fridays @ 2pm

Editorial and General Meetings:
Fridays @ 1:30pm

Get in the Ring

by Bryson McCarthy
columnist

Once again, I see that this paper has bowed to the pop culture phenomenon that is sweeping the world that is coffee. Last year, I thought they were crazy for devoting a complete feature to coffee, but once again the creative geniuses that run this rag have decided that coffee is a great subject.

I guess I could agree that coffee affects so many people's lives on an every day basis so why not write about it. Hell, coffee affects my day in many ways. First, I just love trying to get past the hordes of caffeine-addicted students and faculty who stand shaking in line at one of the two Tim Horton's locations on campus just waiting for the new pot to drip its last drop so they can pump themselves full of that wondrous drug. They remind me of the aliens in the Toy Story movies awaiting the arrival of the all powerful claw. Most of these people would cream their pants if they ever saw Juan Valdez walking through the campus with his trusty little sex toy... I mean donkey.

Another thing I love is how much coffee drinkers and smokers are the same. They both need to leave class repeatedly to either get their next fix or, in the case of the coffee addict, to piss out the last double decaf mocha-choka latté that is making their bladder expand faster than Oprah's dress size, leaving room for yet another trendy little beverage with a strange name that just means coffee with milk and sugar.

One guy that I know actually will drive between classes from Laurentian to Chapters so he can get his special Starbucks coffee. Now this

is the most pathetic thing I have ever heard. Driving a half hour there and back to buy coffee that is overpriced, strangely named and probably cold once he gets back here for his next class. But I guess it's the same as those skinny little crack whores I see on COPS every week. They will drag themselves by their knuckles seventy-two blocks on a skateboard that has three wheels, not being able to walk from withdrawal symptoms just to get their next hit.

I can just hear the hardcore addicts cry right now... *Coffee's not a drug.* Wake up and smell the desperation, you are addicts. Crack, tobacco, coffee and for a few of those special ladies out there... me. Every one is a drug that you have to have all the time. People will do anything to get their next hit including coffee. People in a coffee shop will bud in line, cut others off and even grab someone else's coffee to get theirs faster. I don't know what is more dangerous; the inside of a coffee house with people clamoring to be the first to get the coffee from the fresh pot or out front where the drones go insane trying to get in and out of the parking lot without spilling their precious brown gold.

Instead of rolling up the rim, why don't people try and roll up their money and spend it better. Coffee addictions cost just like cigarettes. A large coffee every day? That adds up to about \$220 in one school year; and that doesn't even include all the sugar bursting, calorie injected fat bombs people so lovingly call donuts. Canadians per capita eat more donuts than the rest of the world combined. We are pathetic! The new twenty



dollar bills are going to have Tim Horton on the back and our change will be replaced by stale Timbits (coconut being worth the most).

I am just waiting for the Surgeon General to start placing warnings on coffee cups. Warning... caffeine is bad for the unborn child as it will never settle down.... second hand caffeine can be harmful to others if spilled.... coffee makes your teeth yellow and you will never get laid again. I think you get my drift.

I know the whole school will be in an uproar over this column, but I'm not worried. Most of you will be too busy trying to find that winning tab without spilling your double double before you even consider taking me on. Accepting that you are an addict is the first step... try and take it. For the rest of us who are free from the horrible addiction that coffee brings, we are truly our own masters. We do not bow to the drip of a certain liquid, or salivate at the smell of a fresh pot. We are free... so let's get some beer and pizza and light one up to celebrate, because we are not addicts!

PS. I just ran a spellcheck on this article and TIMBITS was accepted as a word. Now that's pathetic!

Attention: University Zombies!!!!

by Chris Dyck
contributor

"Judge me on what I have to say, and not on what I look like."
- John Lennon

People wear masks all the time. They hide who they really are, in fear that people won't like them. I get so fed up watching people being judgemental, superficial, and always stereotyping other people. I feel so sad that a person has to hide who they really are, and has to degrade themselves in front of others just to be considered "popular." Many of you know what I am talking about and if you do not, then you have a closed mind and a naive outlook on life. Don't try and fool yourself that life is just this perfect thing, and no matter what, things will turn out perfect in the end as long as people like you.

As university students, we have a problem: our minds are focused on one thing, and one thing only: ourselves. Everyone is worried about how they are gonna do on their next test, and if they do not score well on it, life will come to an end. We forget that we are extremely lucky to be in the position that we are in today. We don't have to worry about finding enough food for the day or about finding a place to sleep. People are consumed with triflesome things like finding a boyfriend or girlfriend, and they focus a lot of their

time and energy on that. Come on!!!, you are worried about shit like that when there are people in other countries being killed for no reason, or earthquakes destroying people and property. That is reality!!! University is not. **We are extremely lucky to be here; we often lose our perspective on things and forget just how lucky we are.**

I see people judging other people all the time. They judge a person by their appearance. So if there is a person who is wearing second-hand clothes, they automatically assume the person is a loser. Or if someone is wearing all black, with black finger nail polish, then they must be some kind of weirdo. Or people who wear Tommy Hilfinger clothes are supposed to be rich and of the upper class. That is exactly what is wrong with our world. We are too judgemental. We should stop judging one another by their appearance.

I am not saying that my views are realistic because I have no idea what "reality" is. I have a feeling that the people who will resent me for this letter are the people who know they are superficial and self-centred, but are afraid to admit it and are acting very naive right now in their lives. They are the people that need the alcohol at the bars to be able to show others that side of themselves they

think will make them more "popular," but will eventually eat them up inside. My question to them is: how can they wake up the next morning without feeling synthetic, and like a sellout in terms of their personality? If you have to change who you are in order to impress someone, then it is not worth being friends with that person. Everyone has their own distinct characteristics and if you spend all your time hiding them from people, then you will be attracting the wrong types of people to hang out with and, in the end, the friendship will be empty. There are people that say, "my life has no problems," but I feel that that is B.S.. Life is not perfect, and it will not always go smoothly; don't pretend it will.

That is scratching the surface of how I feel when I see people around campus. I am sorry if this offends anyone, but sometimes the truth hurts. I don't think everyone has this naive outlook on life by the way. There are some really cool people here that I have met, and I hope to meet some more soon. But, some people really need to have their heads shaken, and wake up to reality. We are a long way from achieving Peace and Love on earth, like John Lennon suggested, and until we start treating everyone on earth as equals, we should be working together instead of against each other.

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Coffee and Caffeine

Coffee History

850 First known discovery of coffee berries. Legend of goat herder Kaldi of Ethiopia who notices goats are friskier after eating red berries of a local shrub. Experiments with the berries himself and begins to feel happier.

1100 The first coffee trees are cultivated on the Arabian peninsula. Coffee is first roasted and boiled by Arabs making "qahwa" --- a beverage made from plants.

1475 The world's first coffee shop opens in Constantinople. It is followed by the establishment of two coffee houses in 1554.

1600 Coffee enters Europe through the port of Venice. The first coffeehouse opens in Italy in 1654.

1607 Coffee is introduced to the New World by Captain John Smith, founder of Virginia at Jamestown. Some Canadian historians claim it arrived in previously settled Canada.

1652 The first coffeehouse opens in England. Coffeehouses are called "penny universities" (a penny is charged for admission and a cup of coffee). Edward Lloyd's coffeehouse opens in 1688. It eventually becomes Lloyd's of London, the world's best known insurance company. The word "TIPS" is coined in an English coffee house: A sign reading "To Insure Prompt Service" (TIPS) was placed by a cup. Those desiring prompt service and better seating threw a coin into a tin.

1672 The opening of the first Parisian cafe dedicated to serving coffee. In 1713, King Louis XIV is presented with a coffee tree. It is believed that sugar was first used as an additive in his court.

1683 The first coffeehouse opens in Vienna. The Turks, defeated in battle, leave sacks of coffee behind.

1690 The Dutch become the first to transport and cultivate coffee commercially. Coffee is smuggled out of the Arab port of Mocha and transported to Ceylon and East Indies for cultivation.

1721 The first coffeehouse opens in Berlin.

1723 Coffee Plants are introduced in the Americas for cultivation. Gabriel de Clieu, a French naval officer, transports a seedling to Martinique. By 1777, 1920 million coffee plants are cultivated on the island.

1727 The Brazilian coffee industry gets its start from seedlings smuggled out of Paris.

1750 One of Europe's first coffeehouses, Cafe Greco, opens in Rome. By 1763, Venice has over 2,000 coffee shops.

1822 The prototype of the first espresso machine is created in France.

1885 A process of using natural gas and hot air becomes the most popular method of roasting coffee.

1900 Kaffeeeklatsch, afternoon coffee, becomes popular in Germany.

1905 The first commercial espresso machine is manufactured in Italy.

1908 The invention of the world's first drip coffeemaker. Melitta Bentz makes a filter using blotting paper.

1933 Dr. Ernest Illy develops the first automatic espresso machine.

1938 Nescafé instant coffee is invented by the Nestlé company as it assists the Brazilian government in solving its coffee surplus problem.

1945 Achilles Gaggia perfects the espresso machine with a piston that creates a high pressure extraction to produce a thick layer of crema.

1991 Caffè Carissimi Canada, a network of espresso service providers is formed in Canada, modeled after a visit to Franco Carissimi (roaster and equipment manufacturer) in Bergamo Italy. It becomes the fastest growing network of private and independent super automatic machines providers in Canada.

The Great Caffeine Hunt

by Sarah Hamelin
and Lysa Pominville

If you ever take a walk in the downtown area, odds are pretty good you'll come across a few places you have never noticed before. Among these are a good number of coffee houses. Consider that most people this day in age would trade up the taste of an authentic cappuccino in a coffeehouse for an imitation one at the local Tim Horton's, and you'll understand why they remain a mystery. That's not to say that these places have no clientele, they just have significantly less than the quality of their establishment deserves.

With the opportunity of a coffee feature, it gives us the chance to actually shed light on these somewhat empty places. Surprisingly, there are more coffee shops/houses in Sudbury than one would imagine, so we didn't hit every single one of them. Besides, our bodies would have had a caffeine overdose if we had! Though for some of us, they did anyway. So we set it off as a two-day excursion to at least cover most of the shops in the downtown area.

Friday:

First stop: Lil' Habanas

Atmosphere: It seems a place that is oriented towards a 30+ crowd. The bar area has a somewhat trendy look to it with cool chairs, and the floor is interesting being that it's made out of stones. However, the chairs have metal legs, which means they scratch loudly when you move, and in some cases they get tipsy if the legs are on uneven rocks. To the side, there is another room which resembles more of an old library, with a fireplace, chessboard, and old fashion chairs. As well as an old library, it has an old smoking room feel to it, which is nice in style, but not appealing to all that are non-smokers.

Beverages: Lysa chose the Italian soda, which is a cool drink that consists of club soda and a shot of flavoring. At \$2.70, and considering that she is not a big coffee person, it was a good alternative, and a tasty one she decided. Sarah chose the cappuccino, which is an espresso coffee drink. It was clearly an authentic one since it arrived in a cup the size of one in which you would receive espresso. It was rather strong, but pretty good, but not worth the \$3.10 that was dished out.

Other beverages on the menu: mochaccino, alcoholic drinks.

Second stop: William's Coffee Pub

Atmosphere: Very relaxing. There are booths for privacy, and they provide you with a rather extensive menu from which is hard to choose only one beverage. It also doubles as a restaurant with a menu that appeals to both vegetarians and those who aren't. It had a very clean look, and the staff was very patient with our orders. In general, it was a very comfortable place.

Beverages: Sarah got herself a bodum, which is coffee, but in a stronger form. The portion was excellent, coming in a small coffee pot



that gives about 2-3 cups of the rich coffee, and well worth the \$2.00 spent. It was also a fun drink to have since it gives you the chance to decide how strong you'd like, and get to pick a flavor from those listed (she chose Bavaian chocolate, and discovered that with 2-4 drops of milk it makes a very delicious beverage). Lysa ordered a mochaccino, which she found good, but rather strong in coffee. Disliking the taste of coffee in very strong forms, and preferring that of chocolate, she found it would have been perfect had the doses been more of the latter, and less of the former. Though a good portion, she didn't really seem to find it worth what she paid for it.

Other beverages on the menu: frappe, cafe latte, cafe mocha, chilly willy, cafe americano, herbal teas, and many more.

Saturday:

First stop: Zio's Transit Cafe

Atmosphere: Like any bus depot, rushed. It's clearly a place for those that are coming and going. But the placement of a coffee shop is great for students since they get the chance to grab a coffee to wake themselves up in between bus transfers. So despite its speedy service and somewhat steeper prices on some items, it is convenient, and tasty, and worth mention.

Beverages: Lysa got herself a vanilla hazelnut cappuccino to wake herself up on the way to school for an exam, which is one of her favorites there. Also worth mentioning, they make an awesome iced cappuccino. Actually, Zio's makes the best iced cap in all of Sudbury, without a doubt. This is because their's is flavored as french vanilla instead, and doesn't leave a strong aftertaste. Sarah didn't get herself a beverage here because she hadn't dragged her lazy ass out of bed yet, due to the fact that she was up until 5 am buzzing on caffeine.

Other beverages on the menu: cappuccinos, iced caps, cafe mocha, cafe au lait.

Second stop: The Dark Room

Atmosphere: dark. We like dark. But it wasn't dark in a goth kind of way, but just due to the colorings and lighting schemes. It had an art house feel to it, and it just left you thinking that a poetry reading was going to break out any minute. The walls are painted with abstract designs, and hung with similar artwork. It was also much more spacious than it looked from the outside, which made it appear to be a matchbox, when in-

stead it was more the size of some of LU's bigger classrooms. It is definitely a place for younger crowds, and was filled with such. It also offers free Internet access to its customers, so they can surf while waiting for their drink.

Beverages: Sarah got herself a cafe latte. The mug it came in was huge, and along with it she was given her own cinnamon shaker so she could add however much she wanted, and add more when the first amount was consumed. It seemed to have a never-ending foam supply to it, and had a very good taste, though it left a distinct aftertaste. But well worth the \$2.75. Lysa ordered herself a mocha java. Now this was a drink she really liked, because though it had coffee to it, the taste of it wasn't overwhelming. Plus, it had chocolate to it, lots of chocolate. And like the cafe latte, it was a huge portion, and for a decent price at \$2.50.

Other beverages on the menu: cappuccino, cafe au lait, cafe mocha, alcoholic coffee beverages.

Third stop: Books and Beans

Atmosphere: One of creativity, and a poetry reading actually broke out while we were half way through our beverages. The decor appeared very rustic, but with modern twists. An example is having the rustic looking wooden cabinets, but with flattened spoons nailed on as handles. It also seemed like the type of place that performers at Lilith Fair would go to hang out after a show. It just oozed creativity, which isn't exactly a bad thing, but for those of us who have less of this than most, it was ... different.

Beverages: Lysa jumped on the cafe dante, which is a mixture of coffee, hot chocolate, and orange. The orange in the drink actually turned out to be a slice of orange floating around in it, which made the beverage even more interesting. She seemed to love it, and enjoy it more than many of the other beverages had over the past two days. Sarah, however, got a red eye, of which the origin of its name became clear after the caffeine content was stated to her. VERY strong was the appropriate warning actually, since it's a drink solely of espresso and coffee. The taste was indeed very strong, but not a bad one, and actually was really good. The portion sizes were awesome, and at \$2.00 a drink, there was no reason to not consider going back there sometime.

Other beverages on the menu: cafe americano, cafe latte, chai house blend, herbal teas.

NEXT WEEK:

PIZZA!!!

The University Student's Best Friends!

Beverage Recipes

Love Potion # 9

In an 8 oz cup mix 2 shots of espresso, a 3/4 oz shot of chocolate, and then fill the cup half way with whipped cream. Stir it all together, and then top it off with whipped cream.

La Vie En Rose

Mix 2 tsp of cacao powder, 2 tsp of sugar, and 1/4 cup heavy cream into a cup. Heat up the milk until it starts to boil, and then pour this along with hot coffee over the chocolate cream mixture in the cup. Mix and serve.

SnickerLatte Goo-Goo

Make a Mocha with a double shot of espresso and 2 heaping teaspoons of chocolate syrup, then add 1/3 flavor shot of Hazelnut and 2/3 flavor shot of caramel - for Goo-Goo Cluster top with whipped cream

Milky Way Mocha

In a mug combine 2 shots of espresso, 1/2 shot of caramel syrup, 1/2 shot of vanilla syrup, and 1/2 scoop of cocoa. Mix all this together really well, and then add 12 oz of steamed milk, or until the mug is full.

Dreamsicle Italian Soda

In a 12oz. glass, add ice, and then pour in 8oz. of club soda. Add 1oz. Torani Mandarin orange syrup and 1oz. Torani Vanilla syrup. Stir and enjoy.

Mandarin Chocolate Coffee Float

Place an orange slice in the bottom of a 10 oz. float mug. Add 2 oz. fudge, 3/4 cup hot coffee and mix. Add 3 oz. vanilla ice cream, mix, and top with whipped cream and chocolate chunks.

Mocha Shake

Sweeten 1.5 cups of coffee with sugar. Pour it into a blender with 1 tsp vanilla and the same amount of vanilla ice cream, and then add a further 1 tbsp of sugar and blend it up. Pour into a glass and serve.

Iced Chocolate Espresso

Fill a glass with ice, and to this add 3-4 oz. of cold milk, 2 oz. espresso, and 1.5 oz. of chocolate syrup. Stir until thoroughly mixed, and then top with whip cream and powdered/flaked chocolate.

Cafe-a-smoothie

Place 1 cup chilled coffee, brewed to double strength, in a blender with 8 ounces of vanilla yogurt, 2 tsp of sugar, 1 banana, and a quarter cup of ice cubes. Blend this on high speed until smooth. Pour into a glass and garnish with orange slices.

Coffee Talk

Before you walk into the coffee shop determined to become a high critic and earn the respect of your peers and elders, it's always best to equip yourself with the tools to know what you're doing. Then when you say that it leaves an acrid aftertaste, and some joe rebukes that its not acrid but bitter, you can shine in your explanation of them being the exact same thing.

Acidy: Though it seems more like a word you'd encounter in a chem lab, it actually applies to coffee as well. The taste of coffee is developed by the acids in this mixing with the sugars to make the cup of brew more sweet. An acidy flavor is sharp and pleasing to the taste as opposed to sour, and denotes a taste that has sharpness, snap, and life, compared to a sweet, heavy, mellow flavor. This is most often found in Arabica coffees.

Acrid: Some coffees, like unwashed Rio coffee, will trigger a sour sensation on your tongue, which leads to a very bitter taste due to the large amount of sour acids and high salt concentration in the brew.

Alkaline: You know you've been drinking a cup with alkaloid compounds if you find that the back of your mouth seems rather dry.

Baggy: An off-taste often observed in cups from weakly roasted coffees that have been stored for a long time in unsuitable conditions.

Bland: The more sugar you add to the coffee, the more of the acids are used up. This means that you lose more of the natural flavor of the coffee, and branch into the area of taste that is called bland.

Body: Like with wines, coffee has a body to it. Characteristics that will distinguish the body are things such

as the heaviness, richness, and thickness when you swish it around your mouth, and it runs over the back of your tongue.

Bready : A taste can manifest in coffees that have not been roasted long enough or at a high enough temperature to bring out the flavor oils.

Caramelly : When there is the presence of sugar carbonyl compounds in the coffee, they can react to produce compounds in the brew that can taste and/or smell like candy or syrup.

Chicory: Chicory is actually a substitute, like figs, for regular coffee. If you're drinking a cup of unknown coffee that has a rather complex bitter-acid and sweet taste to it, then it's chicory.

Creamy: When you see an oily material forming a separate level in the coffee. This comes from the fats that are naturally present in the coffee beans.

Dirty: Literally a dirty flavor, not earthy (odor taint in the coffee beans that produces a dirt-like taste sensation) or musty (an odor taint giving the coffee beans a moldy odor).

Foul: A rank, strong, fermented flavor or any other strong, unpleasant defective flavor, such as hidey or oniony.

Fruity: In some cases, the acids can be converted into aldehydes and/or esters, at which point the aroma of the brew changes. So, instead of a predominant coffee scent, you can find mixed in the scent of citrus, or even berry.

Grassy: When unripened beans are used in the making of coffee, you'll find this kind of taste. It greatly resembles that of alfalfa combined with green grass. This is due to a larger

than usual amount of nitrogen present in the beans at this time.

Heavy: A moderately high level of solid material suspended in the coffee beverage. Result of fine particles of bean fiber and insoluble proteins present in pronounced amounts.

Moldy: Coffee may acquire a moldy taste if kept in poor conditions. Moldiness also depends on conditions during the pulping and cleaning of green beans.

Nippy: A secondary coffee taste characterized by a predominantly sweet, nipping sensation at the tip of the tongue. Caused by a higher-than-normal percentage of acids being sour.

Pungent: Applies essentially to a full-bodied and slightly aggressive coffee.

Quakery: A taste taint giving coffee brew a pronounced peanutty flavor. Result of the presence of light colored, underdeveloped, roasted coffee beans.

Rubbery: A taste fault giving the coffee beans a highly pronounced burnt-rubber character. Result of continued enzyme activity in the coffee bean when it remains in the fruit and the fruit is allowed to dry on the shrub.

Tipped: A taste taint giving the coffee brew a cereal-like taste. Result of heat being applied too quickly in the roasting process, charring the tip of the bean.

Woody: A taste fault giving the coffee beans a distinct, unpleasant wood-like character. Result of an almost complete loss of organic material in the green beans during storage.

Beverage Types

Espresso: Made with 7 grams of finely ground coffee in an espresso machine capable of 9 bars of pressure. A shot is normally about one to one and a half fluid ounces.

Cappuccino: A shot of espresso topped with foamed milk. The classic cappa is 1/3 espresso, 1/3 steamed milk, and 1/3 microfoamed milk.

Cafe latte: Very similar to the cafe au lait, but instead finds one shot of espresso combined with steamed milk, and then topped with a quarter inch of foamed milk, and cinnamon.

Cafe au lait: Usually served in a large 14 to 16 ounce bowl, it consists of 2-4 ounces double strength coffee (or two espresso shots), and which the bowl is then filled with steamed (not frothed) milk after this is added.

Mocha: Basically a cafe au lait / latte hybrid with chocolate added (either syrup or powder). This follows closer the cafe latte since it has one shot, the steamed milk, and simply chocolate added.

Mocha java: The quintessential coffee blend, also called Moka or Mocca Java. It consists of 50% Mocha coffee, and 50% Java coffee. The mocha in here however does not refer to chocolate, like it usually can, but instead to the mocha type of coffee.

Mochaccino: A chocolate flavored cappuccino.

Cafe americano: A double espresso shot (2.5 oz total), 7 ounces of near boiling water, and topped with slightly steamed/frothed milk.

Cafe mexicano: A syrupy beverage that consists of plain coffee and mixed with cinnamon, nutmeg, heavy cream, and a little chocolate sauce.

Frappe: A milkshake-like beverage that is a combination of 50% iced cappuccino, and 50% milkshake.

Viennese coffee: 6 oz of brewed coffee topped with about 2 oz of whipped cream and dusted with cinnamon.



Books & Beans

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Mmmm DONUTS!!!

Donut Did-You-Know

- Egyptian architecture has its roots in the geometric simplicity of the donut shape. Unfortunately, the circumference of their donuts was based on a value of Apple Pi which equaled 3.12. The pyramids had a look and feel that was later adopted in the Wintel Pi.

- The Greek philosopher, Donutis, led a band of heretical disciples through some of the best Mediterranean pastry shops of his time.

- Donut Day was established in the 1700's, although there are traditions world-wide that predate it. Scholars generally agree that all cultures contain within them elements of Donutian Philosophy. Although the Thanksgiving tradition also originated in this time period, the "day of thanks" was scheduled for Thursdays in deference to the already established Friday observance of Donut Day.

- Early settlers to the Americas brought donuts with them to trade for staple foods like corn, Kentucky Fried Chicken, Mentos, Mt. Dew and donuts.

- The ubiquitous "American" Donut (americas dunkonious) is actually a cross between the European and the Central American donut strains. Contrary to popular myth, donuts do not migrate (unless carried by an African or European swallow.)

- Maple bars are not donuts! However, they are a distant cousin to the donut -- as are fritters and those jelly-filled things. Want to fight about it?

- Hundreds of health conscious donut haters go missing each year and no one cares.

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The Partially True History of the Doughnut

In early colonial times, Dutch settlers arrived on US soil seeking freedom from the strictly enforced Writ of Pastry. These laws were created after a freak accident in which a cow kicked over a giant fryer causing much of Strudeldorf to be drenched in hot oil and fried to a golden brown. The new arrivals, careful not to mention the Strudeldorf incident back in Holland, were allowed to resume the making of their one true passion: fried cakes.

In the days when fried cakes ruled the earth, life was harsh. The cakes were difficult to fry all the way through which often left a gooey doughy center. The doughy unfried cake center often carried deadly diseases such as the bubonic plague and anthrax. Thousands of people and twelve bakers (the baker's dozen) died from eating unfried cakes. Still, people ate and ate not knowing if their next fried cake would be the last.

It was then a young lad by the name of Hanson Gregory stepped onto the scene. The year was 1847. Seventy years had passed since the United States fought Britain for independence.

The American Civil War was still several years away. Without any local wars to fight, Americans had

little to do.

Hanson's mother was a dedicated cake maker living on the cutting edge of pastry technology. Day in and day out she fried cakes with relentless passion. Sometimes though, even her fried cakes were doughy in the center. To conceal this, she began placing walnuts and hazelnuts in the center of the fried cakes, but this left little Hanson feeling very sad because the only thing he hated more than a doughy center were walnuts and hazelnuts on doughy centers.

One night while Hanson was sleeping, an angel appeared to him. The angel was holding a giant plate of fried cakes still dripping with hot oil. "Hanson," said the angel, "You

must end the suffering of your people. Reveal the true nature of these fried cakes. Also, try one of the glazed.. they're quite tasty." The angel left, but the plate of fried cakes remained. Upon closer inspection, Hanson was shocked to discover that the fried cakes were *hole-y*. He ran into the streets shouting about his experience with the angel and giving these glorious pastries to the townspeople. Everyone agreed they were the best fried cakes ever. The people sang and danced for many days, and then had Hanson burned at the stake for being a witch.



Rolling, Rolling, Rolling

Sarah Hamelin
Asst. Features Editor

Yup, it's that time a year again. The snow appears to be slowing down, very slowly. Midterms are over, and things seem to have returned normal. Christmas and Valentine's day are over, and we still have another month till Easter. So naturally, it's time for some big corporation to need to wheel out something fancy to make sure that their annual income doesn't drop somewhere in the ninth or tenth figure.

For every year that I've been at this university, there has been the annual tradition of the Roll Up The Rim contest sponsored by none other than our campus coffee source, Tim Horton's. For some reason, I didn't actually know it was happening. I've managed to avoid all the snazzy and overdone advertizing on the TV, radio, posters, and pretty much any and all forms of media possible. Hell, it's almost as bad as the whole Cash for Life lottery... Almost.

According to the ads, this year's main prize is a Pontiac Aztek. Now, isn't this the same car they were giving to the winner on Survivor, and advertized at least twice every commercial break? It looks rather cool; I'd totally want one. Usually it's a minivan, which is kinda lame, but useful for the family man/woman. But Azteks have so much less seat-

ing room than a minivan would, which means it's rather useless for anyone who has three or more kids. So it seems this time that Timmy's is trying to appeal to the younger crowd than the middle-class family man. It's kinda refreshing, but at the same time a pretty stupid idea.

Sure there are tons of young people who are students who would die for a car, but they'd make more cash trying to get the dads and moms to buy their stuff. If dad's in the car with the family and he stops for a coffee, he gets something for the wife and to shut the kids in the back seat up as well. Hence he spends more money. A student walks in a buys their coffee. So instead of making, say 6 bucks off the dad, they make \$1.50 off the student. That's one quarter of what they could have made if they had a main prize that was more appealing to that age class rather than our own. Students are broke; they aren't going to buy more coffee because there is a snazzy prize to win.

The second main prize is a Sony Home Theatre. Now okay, what use is this to a student? Sure, it looks cool, but if you live in rez what the hell are you going to do with it? You sure don't have room for something like that in your room. I guess this, and the barbecue, are their way of making up for the Aztek thing so they can still bring in the adult crowd. Especially in the case of men. I mean

sure, I'd find it a cool thing to have, especially when compared to my crappy 13-inch color tv, but it's still more a guy thing.

The money? Well who doesn't like money? I love money, there is never too much of it in my savings account. And the food? Well same deal, who doesn't like free food, especially when it's free donuts and stuff like that. Kids dig free food, and since it's really the only thing amongst all these prizes my little brother could own and actually use, I guess they are in the end appealing to every age group out there.

So if it turns out you win something, hey great. But remember there's a deadline. See, I always thought that the deadline meant that is the day they're yanking the cups off the shelves. "No more fancy blue paper cup for you Mr. Smith, it's now midnight and the contest is over. Now, you get our ugly brown one again, sorry". Instead, your claims have to be in by that day, and in this year's case the lucky date has been set as May 11, 2001. This gives us 2 months in which to drink enough coffee and dish out enough dough so that we can feel momentary joy when we roll up the rim to find we won a free cookie. But then, moments later you'll realize you just spent \$200 on that cookie. It's a sad reality, but one we seem to enjoy, and will recreate for many, many years to come.

The Snack Food of the Gods!!!

Donuts and Religion

from *The Donut Science Monitor*

This treatise confines itself only to the religious aspects of donuts. Other noted scholars of Donutology have produced definitive texts dealing with the important evolutionary, historical, sociological, and technological significance of donuts. The information presented here, while highly speculative, represents the most current thinking about the donut and its connection with deeply-held religious belief.

Part 1: Donuts, Religion and the Unknown

The earliest evidence of the donut as an object of religious significance is the great megalith of Stonehenge, near Salisbury, England. Radiocarbon dating places the first activities at the site at around 2800 BC. At this time the site consisted of little more than a circular ditch with an internal bank, however it was quite recognizably toroidal, or donut-shaped.

Around 2100 BC, people of the Beaker Culture erected a double ring of bluestone menhirs (standing stones). This donut-like double circle was oriented toward the summer solstice sunrise.

It is thought that the people who erected the monument did not actually possess the donut, but they knew of it, and constructed Stonehenge as a primitive astronomical computer to precisely calibrate each year's calendar for the weekly religious observances around the dona-diache (d'uh-o-na-dee-och) or "day of the donut."

While there are those who insist that both Stonehenge and the toroidal crop circles which occasionally appear in English fields are the work of advanced extraterrestrials who have been attempting to communicate with mankind through donut symbology for centuries, most respected scholars agree that the people of the Beaker Culture were merely highly prescient. This view is supported by their use of the beaker as an early form of mug, even though its significance and close association with the donut in European religious observances would not be realized until the introduction of coffee in the mid-17th century.

Part 2: Donuts and Religion in Early Civilizations

One of the earliest physical manifestations of the donut in religion occurred in ancient Egypt, where mankind's quest for the "food of the gods" was finally realized with the discovery of the leavening properties of yeast. (The invention of both bread and beer are thought to have resulted from unsuccessful attempts by the Egyptian scholar/priests in their quest to perfect the donut.)

This ancient Egyptian tomb painting (c. 2600 BC) from Deir el-Bahri depicts Anubis, the jackal-headed god, preparing a mummy. In the digitally enhanced inset, it is clear that the objects in the background are donuts, possibly intended to sustain the departed soul

on its journey to the infernal regions.

It has been speculated that the glazing of donuts was motivated by the need to preserve them in order that they stay fresh for the mummy's use. The exact formulation of the glazing used by the ancient priests has been lost for centuries, however fragmentary papyrus records suggest that it was extraordinarily tasty.

Part 3: Western Religion and Donuts

The importance of the donut in the Judeochristian tradition is of course well-known, from the use of the bagel as a symbol for the donut in ceremonial observances, to the dietary restrictions of the Roman Catholic Church which required abstinence from the eating of meat on Friday (since that day of the week was reserved for the eating of donuts).

Part 4: Donuts and Religion during the Renaissance

From many years, it was believed that the religious significance of the donuts was greatly diminished during the Renaissance in Europe. However, recent discoveries in the works of the Great Masters have proven that nothing could be further from the truth. In fact, during this period, the donut was considered to be so holy that its very image was suppressed.

It is known that Michelangelo's work was closely supervised by Pope Orange Julius II during the creation of the frescoes, and it is likely that he ordered the donut in this scene to be painted over.

The Creation became the subject of intense public debate during the restoration of the Sistine Chapel frescoes in the 1980s. In the end, it was decided that the frescoes should be preserved in the form (the One Calorie, Diet Frescoe form) that had become familiar over the centuries, and this highly significant inclusion of the donut has been lost once again.

Part 5: Donuts and the Reformation

While donuts themselves were not a major factor in the Reformation, they did play a significant role in some aspects of the rise of Protestantism. An example of this can be found in the objection of Martin Luther to the sale of indulgences in his 95 theses. While Luther never mentions donuts directly, many scholars now believe that indulgences were sometimes granted in exchange for payment in donuts.

In fact, one aspect of the Protestant movement which dramatically demonstrates that the basic religious importance of the donut was never in question is the establishment of the tradition in the United States of Thanksgiving Day by the English Separatist Puritans know as the Pilgrims. While Thanksgiving Day has been celebrated on both the 3rd Thursday of November and the 4th at various times in U.S. history, it has always been relegated to Thursday in order that Friday remain inviolate for the observance of Donut Day. (In North America, Donut Day is so im-

portant that Canada celebrates Thanksgiving on Monday.)

Part 6: Humanism and Donuts

In the 20th century, attempts have been made to downplay the religious significance of the donut. So-called Donut Humanists point out that many natural phenomena, such as the rings of Saturn and the Ring Nebula in M57, possess the essential circular or toroidal shape of the donut, and claim this is proof that the donut is not of divine origin.

Religious scholars counter these claims by arguing that God created these phenomena in the shape of the donut as a sign of his existence.

The debate on this point still continues, with the insistence by various religions that Donut Day is a holy observance, while Donut Humanists claim that the eating of donuts on Friday is an merely an expression of Man's free will. Perhaps the Donuts will have the last laugh.



10-minute Doughnuts

Ingredients:

- Pillsbury biscuit dough
- cooking oil (enough to float the dough on)
- sugar
- metal bottle cap (for making holes)

Directions:

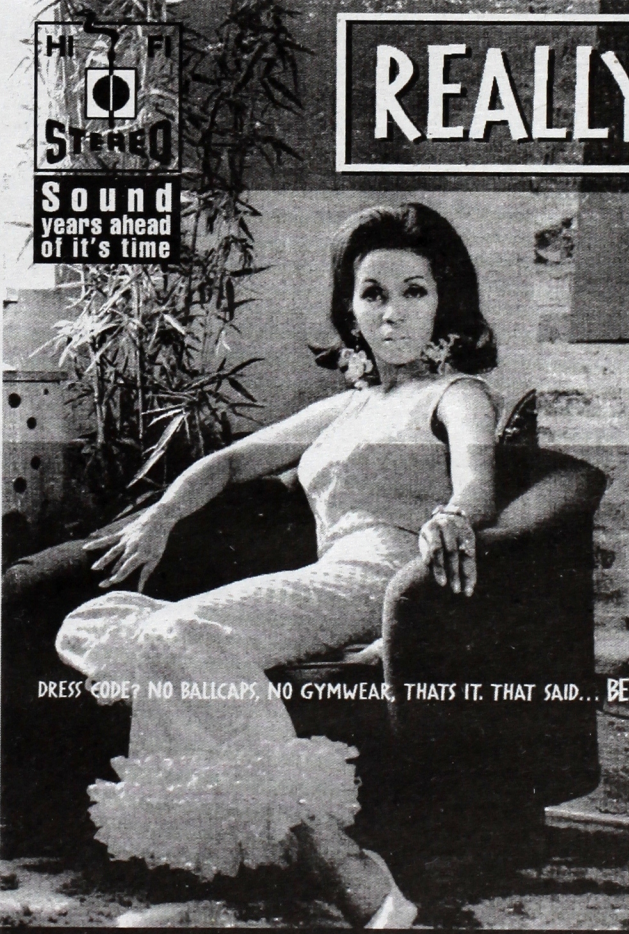
Warm the cooking oil in a deep frying pan. Fashion the biscuit dough into nice doughy blobs. Cut out doughnut holes with bottle cap. Place dough into pan then immediately begin to flip them over with a spatula or other flipping instrument of your choice. Once the dough is a light golden brown, remove them from the pan.

Coatings:

- If you want, pour a small amount of sugar into a Ziploc bag, along with a doughnut and shake until doughnut is covered.
- If you like glazed, you can slowly blend milk into confectioner's (also known as powdered) sugar until the right consistency is reached. Use something like a whisk or electric mixer, for no lumps. Dip the hot doughnuts into glaze, let excess drain, and set aside until all are done.

Eating Tips

1. In order to properly eat a doughnut you need some liquids to wash it down. Coffee, milk, and Mountain Dew are the three most widely accepted doughnut chasers with coffee and milk having the added value of 'dunkability'.
2. Water, tea, and wine are generally considered inappropriate for doughnuts although there is still some debate over drinking beer with them.
3. If you're going out for a late night or very early morning doughnut run, even if you're just going to the drive-through, make sure you're wearing pants.
4. Remember that most doughnuts are usually made at 3 or 4 a.m. and are most delicious at that time.



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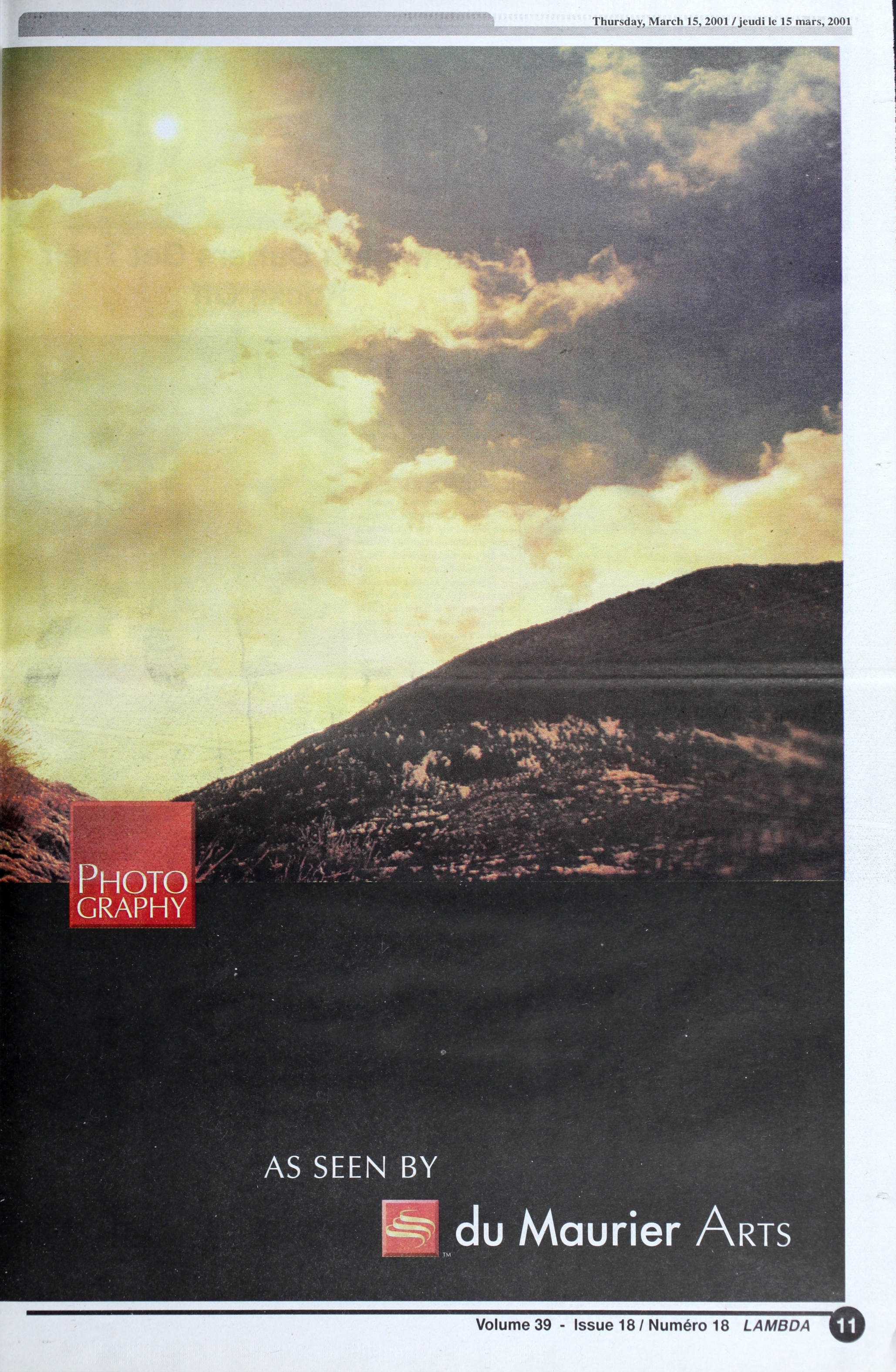


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AS SEEN BY



du Maurier ARTS



Lady Vees Named to National Teams

by Mat Thompson
Editor In Chief

This past week two of Laurentian's Lady Vees basketball players were named to national teams.

Tierney Hoo of the Lady Vees was named to the CIAU All-Rookie Team. Tierney has been a strong addition to the Lady Vees this year and has been a constant contributor from the guard position throughout the season. Hoo averaged 10.1 points and 4.75 rebounds and over 2 assists per game for the Vees in the regular season.

The first year Physical Education student from Huntsville, Ontario shot almost 82% from the free throw line, 43.6% from the field and was always a threat from the three point line. The Laurentian University Dean's Scholar played her best game of the season against Brock at the Laurentian Invitational Tournament, scoring 23 points and 10 rebounds.

"I am happy with the individual recognition," commented Hoo, "but this award is bittersweet after the loss to Queens on the weekend (OUA Championships). I would be much happier if our whole team was making the trip to Alberta to compete."

Shauna Conway, also of the Lady Vees Basketball team, has been

named a Second Teams All Canadian Women's Basketball player. Conway, a five year veteran of the Lady Vees has assumed a leadership position this year as a senior member of a young Vees team, leading them to a 16-4 regular season record.

The Sault Ste. Marie native has continued to be strong offensive and defensive presence on the court throughout the season. She is a major threat on the three point line and is currently ranked third in the country in three point shooting percentage. Conway averages 14.4 points and over 5 rebounds and 2 assists per game as well as a consistent 88% shooting percentage from the free throw line.

Conway had the game of her career against McGill at the beginning of March in her last home game, scoring 32 points and 14 rebounds as well as 2 assists and 3 steals. The game was a must win for the Lady Vees to clinch the top spot in the OUA East leading into the playoffs.

Conway commented, "I never would have been an All-Canadian if it wasn't for my talented team."

Shauna also received the Joy Bellinger Award of Merit for contributions made on the court, in the classroom and in the community during the season.

Huntington Curlers Get Their Rocks Off

by Oliver Curwen
staff writer

Huntington Curlers got their rocks off This past Friday afternoon saw 7 teams gather at the Sudbury Curling Arena for the annual Memorial Curling Bonspiel. In years gone by, this tournament was in memory of Renee Sweeney, the Laurentian student who was murdered while at her job in 1998; the killer still remains at large. This year, the tournament proceeds were to be split between Sweeney's memory and that of Huntington Residence Alumnus Kate Riddle, who lost her life in a tragic accident on Highway 69 during the past Reading Week. The 7 teams played through a round-robin for 4 games each and then moved on into finals play. Just as in the NHL, many teams made it into the finals, although the only team to emerge victorious was one thrown together at the last minute.

The 7 teams were of a diverse background and age, although every team, with the exception of the Labatt team, had members who had at one time been involved in Huntington in one form or another. There was a team made up of the sponsors, and one representing Huntington Administration who were the best dressed for the occasion, donning kilts and woolen curling sweaters, although they lost in the semi-finals. The remaining teams were made up of Huntington resi-



dents and alumni, with the most hastily assembled team of John van Teunenbroek, James "Ace" Fortin, and Domenic "Ricky" Donato, tak-

ing home the trophy. The turnout this year was roughly equal to last year's, but the organizers hope to be able to see more teams in coming years.



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My pic for this week's Survivor loser is Roger. I feel bad for him, but you should always eat the old first.

Paddy Blenkinsop
Counseling and Resource Centre

Last week I wrote that the resume is, first, a good way of focusing your thinking about yourself and, second, a sort of calling, a reminder to a potential employer of what a great person your are for the job. It has to reflect you accurately, and it should do so briefly.

Richard Bolles, author of "What Color is Your Parachute?", advised readers to write a 50 page autobiography as a way of assessing themselves. He's probably right, but who has the time? There are dozens, if not hundreds, of books which tell you how to prepare a resume. Just go to the Bookstore, any bookstore, and there they are. They're on the Web too. Indeed, if you can't find a job, you might want to write your own book or program on preparing the ultimate resume.

One person who actually did this was Karen Schaffer. She wrote an excellent book called "Higher Power" (Prentice Hall), which takes a different and refreshing approach based on her own experience of looking for work when she had finished university. She advocates an "accomplishment-based" resume, one which lets the employer know not only what you have done, but how you know that you did it well, and what parts of the job, activity, program gave you satisfaction. I ask people who come to see me these questions and, often, I will hear that it was just a MacJob and, therefore, unimportant. But these jobs or volunteer positions or even activities with friends and family can tell you a lot about yourself. Do you like to organize whatever activity or group you are involved in? And did you do them well? Did somebody say you did a good job, or how did you know it?

There's a lot of difference between these two descriptions, given by Karen Schaffer, of working as a lifeguard: 1. "responsible for care and maintenance of an apartment pool." 2. "My greatest accomplishment all summer was teaching a young girl to swim in the deep end so she could play with her friends." In the first, I'm hearing from yet another lifeguard, in the second, I learn about you and what is important to you.

Many resumes that I see are like the first example, I read a list of what you have done, but really I have no idea about you as a person. To give you a job, an employer needs to know what you like, what your strengths are, what turns your crank. That's what makes you unique.

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Arts & Entertainment

25 Things You Didn't Know About the Sopranos

1. *The Sopranos* was originally developed as a series for Fox in the mid '90s, but the network passed on it.

2. Creator David Chase, an Italian-American whose family name—DeCesare—was changed in the 1920s, was also writer-director-executive producer of the series *I'll Fly Away* and *Northern Exposure* and writer of *The Rockford Files: Crime and Punishment* (1996).

3. Before playing hotheaded young mobster Christopher Moltisanti, actor and native New Yorker Michael Imperioli didn't know how to drive a car. When the *Sopranos* role called for him to drive, he took lessons and got a learner's permit. But one of his first experiences wasn't such a, well, hit. "During one take, Jimmy [Gandolfini] and I were backing up from having just finished beating someone up," Imperioli told EW.com, "and I veered off and hit a tree, smashing the Lexus I was driving."

4. The address for Tony Soprano's New Jersey home: 633 Stag Trail Rd., North Caldwell, New Jersey 07006. The address is fake, but the house itself is real and is in the same neighborhood as the residence of a Unabomber victim.

5. During the time FBI investigators had several reputed New York area mobsters under surveillance in 1999, they recorded the suspects having a conversation about whether or not certain *Sopranos* characters were modeled after them. Check out APBnews.com for the complete transcript.

6. David Chase asked Steven Van Zandt, the bandana-wearin' guitar player for Bruce Springsteen's E-Street Band, to make his acting debut playing the role of Silvio Dante after years of seeing his face on the Boss' albums. "[His look] is the essence of New Jersey," says Chase. Van Zandt wears a black wig for the show.

7. During a first season episode, Moltisanti flies into a rage and shoots the foot of a bakery worker he feels is disrespecting him. The scene is an homage to the classic Mob flick *Goodfellas*, in which a guy named Spider is shot in the foot by hot-headed gangster Joe Pesci. And the guy who played Spider? Michael Imperioli.

8. Imperioli, by the way, was cowriter, exec producer and costar of Spike Lee's 1999 *Summer of Sam* and wrote the second-season *Sopranos* episode "From Where to Eternity."

9. William Paterson University in New Jersey and city officials in Essex County, New Jersey, have banned *The Sopranos* from filming in public locations, alleging the show perpetuates negative stereotypes of Italian-Americans.

10. David Chase disagrees with charges that the show romanticizes Mob life and the violent mobsters themselves: "The hope is you don't lose yourself thinking these people are cuddly teddy bears," says Chase, who allegedly interviewed real-life gangsters while writing the show. "You see other parts of them, that they are human and full of foibles and even sweetness, but they are very brutal men."

11. Tony Soprano's boat is the *Stugotz*. He and most of his crew have *cumares*. And if you really raise his ire, he might tell you to *va fungool*. If any of these oft-spouted terms puzzles you, you can always download *The Sopranos: A Viewer's Glossary* (<http://members.aol.com/ggjaguar/glossary.pdf/>) for a run-down of Sopranoese. HBO also has a Mobspeak (<http://www.hbo.com/sopranos/>) section on its official Website, but it's missing the good stuff (you know, the naughty words). And by the way, *stugotz* means *stupid* (or worse, if you're slinging old-school slang), a *cumare* is a mistress and *va fungool*...well, we could tell you, but then we'd have to whack you.

12. Bada Bing, the strip club managed by Silvio Dante (Van Zandt), is actually a strip club in Lodi, New Jersey, called Satin Dolls. Address: 230 State Route 17 South, Lodi, New Jersey 07644. Phone number: 201-845-6494. Y'know...in case you're interested. Check out other real-life *Sopranos* haunts at *The Sopranos: On Location* (<http://sopranosonlocation.4t.com/sopranos1.html>), a fun fansite with addresses, pics and interesting anecdotes about the show's filming locations.

13. The series was nominated for 16 Emmy Awards after its first season, including a nod for Outstanding Drama, marking the first time a cable show had been nominated in that category.

14. Nancy "Livia" Marchand, who died last June, won a 2000 Golden Globe for her role as the devious Mama Soprano, as well as four Emmys for her late-'70s role as newspaper owner Margaret Pynchon on *Lou Grant*.

15. Despite garnering nearly unanimously positive reviews, Gandolfini is notoriously media shy, turning down most interview requests and even a recent offer for a *GQ* cover. "I do a job," he explains. "A carpenter does a job. He doesn't have to do an interview about the job he did."

16. Joseph Badalucco Jr., who played first-season casualty Jimmy Altieri (a suspected snitch who was whacked and had a rat stuffed in his mouth), is the brother of *The Practice* Emmy winner Michael Badalucco. Robert LuPone, who plays Tony and Carmella's next-door neighbor Dr. Cusumano, is the brother of actress Patti LuPone; casting chief Georgianne Walken is the wife of actor Christopher Walken; and Aida "Janice Soprano" Turturro is the cousin of brothers John and Nicholas Turturro.

17. Ever wish you had a swell nickname like Paulie Walnuts or Big Pussy? Okay, maybe not so much that last one. But you can stop by DVD.com's *Mob Name Generator* (<http://www.dvd.com/stories/play/sopranos/>) for a sweet mobster moniker of your own. (our EIC's nick is - get this - Mat "Chimpy Nuts" Thompson).

18. When last we left the *Sopranos* crew, at the end of season two, Pussy Bompensiero (Vincent Pastore) was sent to sleep with the fishes after Tony found out he was an FBI informant. But many fans of the show believe Pussy isn't really dead. Several theories battled around the Internet as to why Pussy might yet live include (1) he was wearing a vest and therefore didn't die when Tony and Co. pumped him full of lead; (2) since much of the season finale revolved around Tony's dreams/hallucinations, the murder of Pussy was just a dream; (3) in the penultimate episode of season two, Pussy was in a car accident that resulted in a huge brace on his left leg, but in the finale he had no brace and wasn't even limping (more evidence that the whole murder was a dream); and (4) Pastore had reportedly signed a six-year contract with the show.

19. Before you start having those Bobby-Ewing-walking-out-of-the-shower/the-whole-season-was-just-a-dream thoughts, here's the official response from Pastore himself: "(Pussy) did not have a vest on, and if he did, it didn't do him any good. He's sleeping with the fishes. They put him in a plastic bag and threw him in the ocean—am I right?" "The reason Pussy said, 'Not in the face, keep my eyes' is because Pussy was thinking about the open casket at his



The Sopranos... Basically The Waltons with Guns!

wake. Pussy did not think the outcome would be that they'd throw his body in the ocean."

20. Vinny Pastore was an upstate New York club owner who became a performer in the late '80s, after brothers Matt and Kevin Dillon—club regulars who became his friends—convinced him he would be a good actor.

21. As for the season ahead, which started March 4th, expect the mobster angst to continue. [SPOILERS!] These past episodes have seen Christopher getting his button (as in, becomes a made guy), Tony's sister Janice comes back to town with revenge on her mind, and the sad death of Nancy Marchand's Mama Soprano. Meadow goes off to college and will apparently lose her virginity to a guy who might not sit well with Tony; Uncle Junior's health worsens; Anthony Jr. may be shipped off to military school; and new cast members include Peter Riegert (*Traffic*), Joe Pantoliano (*The Matrix*) and hot up-and-comer Andrew Davoli (*The Yards*).

22. Federico Castelluccio, who plays hired hit man Furio Giunta, is a School of Visual Arts graduate whose paintings are displayed in prestigious public collections like Warner-Lambert Industries, Gillette Corporation

and Sotheby's, as well as in the private collections of Donald Trump, fellow actors Geoffrey Holder and Paul Hogan and blues legend Buddy Guy. You can view some of his artwork at his official website (<http://federicocastelluccio.homepage.com/index.html>).

23. James Gandolfini, 39, who has won an Emmy and a Golden Globe for his role as Soprano family capo Tony, was a Rutgers University communications major who worked as a bartender, nightclub manager and truck driver before taking up acting at age 25.

24. Lorraine Bracco, who was nominated for an Oscar for her role as Mob wife Karen Hill in *Goodfellas* and for an Emmy and Golden Globe for her *Sopranos* role as Tony's therapist, Dr. Melfi, lived in France as a Wilhelmina model from 1974 to 1982, where she frequently worked as the signature girl for designer Jean-Paul Gaultier.

25. David Proval met David Chase when they worked together on a *Rockford Files* TV movie produced by Chase in 1996. Proval played—what else?—a mobster on lithium, which he says sparked the idea for Chase's Prozac-popping Tony Soprano.

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Arts & Entertainment WrestleMania Anyone?

Huge's Movie Nitpicking

Hugh Panelas
Staff Writer

Since I have basically picked apart movies from all types of genres, some of those being your personal favorites, I felt that it was time to focus my attack on something that I enjoy. Anyone who that knows me is generally aware of my horror movie collection. It now spans over 200 movies strong. I felt that in the interest of fairness that I should nitpick one of my favorites.

The Exorcist is known as one of the most scariest and influential horror movies of all times. Although I thought that everything was fluent in this masterpiece, after doing a little research I came up with the following:

1. When Father Karras jumps to his death at the end of the movie, you can clearly see the protective mats on each of the stairs.
2. In one of the scenes where Regan is shaking violently on her bed, she screams the name of the director (Billy).
3. During the exorcism, Regan levitates. You can see the piano strings suspending her in the air.
4. When Regan's mother is in the attic, the only light that is present is that of the candle that she is carrying. Why then does the candle cast a shadow on her?
5. During the exorcism, after Regan is finished levitating, Father Karras ties her wrists together. The priests leave and when they return she is tied to the bedposts again.
6. When Kinderman and Karras are talking for the first time in front of a playground, a boom mic can clearly be seen.

That's all for this week. These nitpicks and many others can be found at www.nitpickers.com

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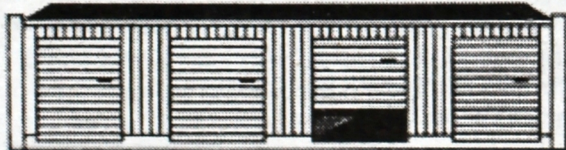
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Hugh Panelas
Staff Writer

Does anyone else besides me realize that WrestleMania is right around the corner? In fact, the counter on RAW stated that there was only 20 days until the mega-event. One thing that concerns me is that there really haven't been any announcements of any matches. Sure we know that the WWF title will be on the line when Austin meets the Rock, and we now know that Ivory will defend her Woman's Title against Chyna, but past that there really hasn't been anything else announced. I know that there has been a hint that HHH will fight the Undertaker, but even that's a disappointment.

The reason is very simple. The WWF is making it seem like these two have never fought each other. I can remember back in the Degeneration X days the two of them did in fact lock up. Even when HHH was starting to go solo, without DX he fought the Undertaker once or twice. I'm not complaining though, I'd love to see these two personal favorites go at it. It could be interesting.

Overall, I am not getting my hopes up though because I am not expecting anything different. In the past, WrestleMania's matches were built up for at least a couple of months. It seems like the matches that we are going to see this year are either thrown together at the last minute or something we have all seen before. Then again, perhaps there will be some kind of an ECW invasion. That would be interesting. Then again with over 60 000 tickets sold there must be something special

planned.

It's time for an injury update. As you probably have guessed, Scotty Too Hotty is injured. It seems sitting on your ass at home because no one cares about you can produce an injury. He has a pinched nerve in his neck and there is no word on when his return will be. Then again, anyone that doesn't watch Jakked or Metal won't see him return anyways.

Chris Jericho has a herniated disc and is undergoing physiotherapy. He won't be missing any action but I would not expect to see him do too much in the ways of high-flying until WrestleMania. The WWF doesn't want to risk a more serious injury.

There are some really nasty rumors flying around the WWF as of late. It seems that the WWF is going to do some major roster cuts after WrestleMania. The regular names are surfacing, X-Pac, Big Boss Man, etc. The name that was quite shocking to hear was that of Billy Gunn. Here's a guy that has done it all and now is rumored to go. I know that it sounds crazy but it just might happen. Here's why. After Billy went down with his arm injury, the WWF Intercontinental Title division moved on strong with the likes of Val Venis, Chris Jericho, Chris Benoit and all the other talents. Add to this that the WWF stopped using the Mr. Ass gimmick because the P.T.C. was going after the WWF in a rather large lawsuit. Now Billy Gunn has been reduced to being a jobber and not even a good one at that. I mean he lost to X-Pac not too long ago.

Well, since WrestleMania is

around the corner, I feel that I should share a top 5 list about my favorite WrestleMania moments. Here it goes:

1. WrestleMania XIV's WWF title match between Shawn Michaels and Stone Cold Steve Austin goes down in history because this is the match that cost Michaels' his career. About 10 minutes into the match, Michaels was fired into the turnbuckle and at that point his back was seriously injured. As a result of this, Michaels' had two of his vertebrae fused together.

2. WrestleMania VI's main event where Hulk Hogan and The Ultimate Warrior squared off title for title. This was great because at the time, these two names were huge in the business. It was a dream match.

3. WrestleMania III - Who can ever forget Hulk Hogan body slamming Andre the Giant. That was huge; it was also Andre's first loss in 15 years.

4. WrestleMania VII's career ending match featuring Macho King Randy Savage vs. The Ultimate Warrior was amazing as these two were also huge names in the WWF - who ever thought that this match would ever happen?

5. WrestleMania XII's Iron Man Match between Shawn Michaels and Bret Hart has to go down as one of the greatest because it showed off the pure athleticism of these two men. The fact that they went on strong for over an hour is just unbelievable. Definately one of the classics.

YOUR LAMBDA HOROSCOPE

Aries March 21 - April 19

Something is going to come back and kick you in the butt. Don't act too surprised. You can only expect that with low energy, people will treat you the same. Let yourself become infatuated with something, giggle like a schoolgirl and move on.

Taurus April 20 - May 20

This weekend try to just veg out. Do nothing and enjoy it. Ask somebody to join you. Have fun before the next week starts because it ain't gonna be all strawberries and whipped cream!

Gemini May 21 - June 20

If you feel like there's an important piece of the puzzle missing, well, it's because you're stepping on it! Glue it all together and you'll be happy with the final result, for now. Find a comfy place to sit and think about all that's happened lately.

Cancer June 21 - July 22

You'll come out as a winner!...or not. It's all up to you now, take the last couple of steps or just stand there. Which really sounds better? It's an excellent time to start a new and creative way of working things, your last plan is slowly fading out.

Leo July 23 - Aug. 22

Which voice do you hear in your head the most, your mother or your father? Resist the urge to talk back out loud. I know you like attention and all, but that's just too weird. Revel in the quiet time, it's the only thing that's going to keep you sane this coming week.

Virgo Aug. 23 - Sept. 22

Ever experience flying sparks (in a good way)? Be prepared, because you might this weekend/early week. Make a change this week, a simple hair change will do. You'll be amazed.

Libra Sept. 23 - Oct. 22

Don't hang on the old grudges anymore. It's time to let everything breathe. Smile in the face of what's gotten you so worked up, you'll feel things get loose, if your smile is real. Don't be cheeky, I warn you. Hard and complicated or easy and relaxed?

Scorpio Oct. 23 - Nov. 21

Pick a word, a strange word. Use it as often as you can but not overly. Confuse people around you, they already think you're weird. Tra-la-la. That's going to be your motto. You have all the right to be immature, for now. Tra-la-la while you can, my friend!

Sagittarius Nov. 22 - Dec. 21

ROAD TRIP!! Sounds kinda fun doesn't it. Try and get away this weekend - the 'where' is your choice. Make sure to have a tropical shirt and camera on hand. Financial questions hover overhead, but don't let it hold you back too much. Use what you have at hand.

Capricorn Dec. 22 - Jan. 19

How lucky are you? You'll find out by Friday if you are or not. Here's to hoping that you are. On the other hand, a relationship undergoes a sudden shift, it's said to be for the better. Cross your fingers.

Aquarius Jan. 20 - Feb. 18

A new horizon unfolds before you. You have somebody standing behind you 110%, even if at times it doesn't seem like there's anybody in your corner. Prepare yourself for some news that you might not want to hear. Everything will work out.

Pisces Feb. 19 - March 20

Keep something close to you, a photo, memory, plan or feeling, you're going to need comfort, things are going to get hard for a while. Not necessarily on the outside either. Take care of yourself and seek help when needed. Back to normal soon for you!

Elmore Leonard's *Riding the Rap*

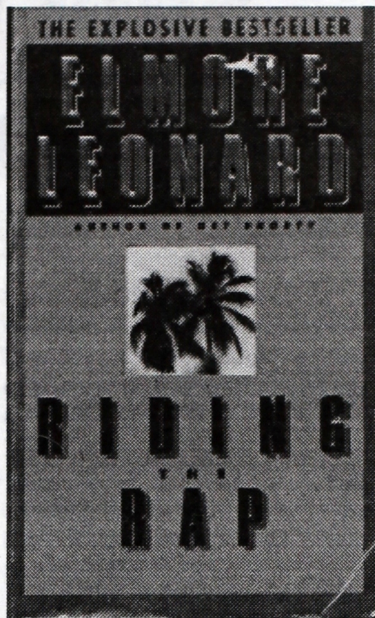
by Nick Stewart
Entertainment Editor

When you think "crime novel", what's the first thing that comes to mind? If you've never read one, chances are that the words conjure up something along the lines of down-on-their-luck detectives with drinking problems investigating shady deals between millionaire daughters and members of drug cartels or illegal llama ranches. While that may be true for certain hacks in the industry, you can always count on prolific author Elmore Leonard to tear through all the overused clichés, bringing a solid, superbly-written story to the table. This is a man who's written more than thirty novels, a lot of which have been turned into movies, including *Get Shorty*, *Touch*, *Out of Sight*, *Maximum Bob* (okay, so that was a TV show...close enough), *Rum Punch* (which Tarantino transformed into Jackie Brown)...the list goes on. While having that many books flipped into film doesn't always mean that the source material is that good, it certainly does in this case. Take the six-year-old novel, *Riding the Rap*, for instance. With its simple-yet-bizarre plot, tightly interwoven and well-written characters and dialogue that's pure Leonard, this is a book that's worth looking into.

Like most of Leonard's stories, *Riding the Rap* features a premise that, while perhaps seeming clichéd at first, rapidly develops into something wholly unique and original. For instance, this particular tale begins Miami bookie Harry Arno, who sends a Puerto Rican gardener-turn-mob enforcer named Bobby Deogracias — Bobby Deo or Bobby the Gardener to you — to collect some overdue payments from Chip Ganz, a Palm Beach playboy who so

happens to have a bad gambling problem. Once Bobby shows up at Chip's front door with a pair of pruning shears and a desire to do some...trimming, the tables turn as Ganz convinces his visitor to join him and Louis Lewis, a Bahamian ex-con, in their plan to kidnap Harry and let him pay his own ransom. Since it involves nobody else, no cops could get involved — that is, until Harry's ex-girlfriend sends her present boyfriend, Raylan Givens, to go looking for her dear friend. As a Stetson-wearing federal marshal, Raylan is a seasoned, straight-shooting type who dedicates himself to tracking down the trio, by whatever means possible. Further stirring up the mix is his eventual discovery of the "Reverend" Dawn, a psychic who may or may not be in on the deal.

Even though most of the action takes place in Ganz's dilapidated, run-down mansion, and though the synopsis might sound a bit overwrought, it all comes together terrifically. The plot threads twist and turn, though not so much as to overshadow how well the characters are written, how Leonard has managed to flesh out his story with people who somehow seem and feel new and fresh. The constantly rising tension between the mildly psychotic Bobby Deo, the perpetually stoned Ganz, and Mr. Louis Lewis is great and helps to hold everything together as Raylan works out their puzzle piece by piece. Of course, there's no ignoring the dialogue, which is and has always been one of Leonard's stellar trademarks; simply put, the dialogue simply jumps right off the page, and is as fresh and brilliant as it's ever been. Practically a character of its own, it works with the brilliant plot progression to elevate this book to the level of yet another Elmore master-



piece.

If you've ever been interested in getting into the colorful and fantastically-written world that Elmore Leonard repeatedly creates for his readers, *Riding the Rap* is a great way to introduce yourself. It's smart, it's original, and it's characteristic of so many of the things that makes his work such a joy to get into. While it's hardly the kind of thought-provoking social satire that you'll find in Chuck Palahniuk's *Survivor*, it sure makes for a great story, and is the kind of page-turner that you'll pick up one minute and find yourself putting down hours later. While it may be six years old, you can find re-issues at Chapters for a good ten bucks, though you'd be better advised to stop by the used book store, where you can score it for an easy five. All in all, you can't go wrong with *Riding the Rap*, and for an investment of only a few bucks, you really can't go wrong.

Business @ The Speed of Thought : A Romantic Exploration

by Nick Stewart
Entertainment Editor

Note: I thought it would be important to have a review of Gates' new book up. However, seeing as how the man is a putz, I had no desire to read the book. So, I went over to the Sparks' Paper Writer (http://toy.thespark.com/paper_writer/) and had them whip up a review for me. Here, at its automatically-generated best, is a book review written entirely by a machine...enjoy.

Nature was a favorite theme of Bill Gates. Nevertheless, Gates's use of pathos is all too often mistaken for political commentary in *Business @ The Speed of Thought*. In this paper, it will be proven that *Business @ The Speed of Thought* is the most triumphant example of Christian writing ever created. This claim is buttressed by three points: (1) the Romantic views of *Business @ The Speed of Thought*'s protagonist, Moby Maxwell, (2) Gates's adversarial relationship to the Surrealist school while writing the book, and (3) the author's use of sexuality, showing the influence of the early 20th century Symbolist school.

Any examination of being is

incomplete without addressing the juxtaposition of *Business @ The Speed of Thought*. Many contemplative critics see the book's closing scene as the most influential; I, however, do not. This all but proves my thesis, especially when Gates's exploration of destiny in the book is taken into account; critics of Gates's work often overlook this aspect.

Critics are dead wrong when they cite *Business @ The Speed of Thought* as an example of Gates's dwindling sanity. Still, *Business @ The Speed of Thought* was not originally seen as a *tour de force* by the intelligensia. This begs the question: why? Colonel Lee's famously half-baked attitude throughout the book is often blamed; Gates's point here is clear: being and salvation are part and parcel.

In *Business @ The Speed of Thought*'s opening monologue we find Gates at his most commercial. But even this section can still prove fruitful to the German reader. Consider: "She sat on the bed." (Gates 122) In some circles, this caused revolution; in others, revulsion. Many martyrs see the book's closing scene as the most timeless; I, how-

ever, do not. One-Eyed Lewis is a surprisingly insane character.

In *Business @ The Speed of Thought*'s second chapter we find Gates at his crassest. But even this section can still prove fertile to the Canadian reader. Consider: "Never give a party if you will be the most interesting person there." (Gates 88) Destiny and the absurd come to bear here like never before. While this fact allays most of Gates's immigrant detractors, it has led a certain Romantic critic—the execrable Shakespeare—to proclaim "one can see that destiny is right around the corner." To see how this supports my previous claim is quite trivial.

Business @ The Speed of Thought remains the most important employment of hate ever committed to paper. While other works influenced by the Japanese Surrealist school are often forgotten, *Business @ The Speed of Thought* remains brilliant. Though contemporaries found Gates's use of sexual identity drug-influenced, history will vindicate *Business @ The Speed of Thought*. All thanks to a person I like to call Bill Gates.

Poetry Corner

Hello, I hope you enjoyed my last column, I'm surprised it was printed cause I kinda submitted it late. If you're one of the few who actually enjoy the stuff I run and if you're one of the few people in this world who actually write poetry, please, for the love of me! Submit it!! I am fast running out of poetry and if I have to start writing a poem every week just to keep this column running, it's going to stink worse than Colin and Durst's equipment. Having said that....here's the poem.

epitaph

I see my life as it is, and what it was.
Gripped by the feeling that time is rushing by me, I stop
I look into the sky, leaving reality to its own devices.
Where time means as much as a feather in the wind, and
my body dissolves into a sea of nameless colour.
Existence ceases, and yet somehow I exist. I am fluid,
and yet somehow not.
Faces appear, each one alike, calm, expressionless. Sing-
ing a beautiful song, in a language unknown
Hands appear at my sides, they lift me, I enter a new
place. I see my friends and my family, but they don't see
me. The lid is nailed shut. Lowered, hand over hand.
Ashes to ashes.

Go now on your way brother, there is no one here to cry
for.

by Matt Kent aka. me.

Remember, lambdapub@hotmail.com or smoking@your-house.com,
it's the only way this thing is going to continue.

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It's About Time You Sold Your Crap!!!

eBay Auction Types

Like with the variety of different items you can find on eBay, there are also different types of auctions which are specific for the type of sale the seller is going for. These are also considered to be useful in the sense that the buyer can then determine the type of auction they would like to participate in as well, since not all types are for all people, and others have specific tastes. And on eBay there are four auction types, being: reserve price auctions, private auctions, dutch auctions, and restricted-access auctions.

Reserve Price Auction This is when a reserve price is set by the seller and they will not sell for below this value. This means that if there are bids, but the value is not over the preset reserve price, then the transaction will not go through. Even though this value is there, it is not displayed, so it means that it is quite possible the transaction won't go through, and the seller is left under no obligation to fulfill it if it is under the predetermined value. This type is best for most general auctions, as well as those containing high priced objects. So using this, you won't have to worry about Aunt Edna's beloved pearl necklace selling for only 50 cents, but for a price that you determine.

Private Auctions As the name indicates, the auction is private, but in the sense of the buyer's information. Where typically in an auction the bidder's username and email address will show up in the bidding history, in the case of private auctions the email address will not be shown. Also, at the end of the auction, only one person will know who bought the item: the seller. This type of auction would be best for objects that would indicate a want of a bit more privacy, like not wanting the world to know you just bidded on that cute little unicorn Beanie Baby. Though some people don't see it as necessary due to the anonymity that is already present due to the use of a username, others prefer the extra degree given by it.

Dutch Auction A dutch auction is designed for when a seller has a multiples of the same item that they would wish to sell. They work in the same way as the other auctions, but when you make a bid you not only make a bid price, but also write down the number of the item that you would wish to buy. For instance, if the seller declared that the minimum price was two dollars, and he has five of these items, you can bid \$2.25 and specify for three of these. At the end of the auction, all the winners pay the exact same price for the item, which is whatever the lowest successful bid is. In the case of there being too many buyers, the ones who were the first to successfully make bids get the items. Also, this type of auction leaves the bidder with the option of refusing the item. For instance, if you absolutely NEED four copies of the exact same book, but they only have three, then you are left with the option to refuse and the transaction becomes void.

Restricted-Access Auctions These are for adults only. They are typically non-accessible to anyone who has no demonstrated proof of age, which is done by having a credit card on file. Having it on file does not mean the transaction will be charged to it; that's still a matter left up to the seller and the bidder to determine. These types of sales will be found in their own distinct section, apart from the regular items that are available through the general auctioning process. It's in this part that you'd find things such as sex toys, pornography, alcohol, and other similar objects that should be inaccessible to youth surfing the server.

What Do Those Stars Mean?

If you look next to a seller's name you see a number that is found in parenthesis. This number represents the number feedback left for the person, whether as a buyer or a seller. By clicking on this number it takes you to a page which has them separated into three categories: positive, neutral, and negative. Their placement depends upon the rating that those whom they have done transactions with give them. The star next to the number represents a general symbol of the total number of positive feedback messages from transactions that the user has participated in.

A yellow star represents 10 to 99 positive feedbacks. This is the symbol that you're most likely to see for people whom are new to online auctions, or are just of very poor quality.

A turquoise star represents 100 to 499 positive reviews. A star of this caliber takes a little longer to obtain than that of the yellow, and generally shows that they are still rather new.

The purple star will represent 500 to 999 positive feedbacks. This is quite a fair amount of transactions, and to obtain a star of this color is rather amazing. Quality here should be pretty good.

A red star indicates 1000 to 9999 transactions. This means it is the type of person you are probably going to prefer doing a transaction with than say someone who is still in yellow and has many sales.

And finally there is the shooting star, which is representative of 10000 or higher transactions that obtained positive reviews. This is probably the most reliable type of person to trade with, and worth jumping on if you come across one of their items at a decent price.

What In The World Is eBay?

by Sarah Hamelin
Asst. Features Editor

Though most people probably would consider the question a rather useless one due to the popularity of the Internet, along with this site in particular, but it is quite possible that there are a few of you out there that are still living under a rock of unknowing and could use a little shedding of light on the subject, and perhaps a little push into the direction of the future of buying and selling.

It is safe to say that eBay has all but monopolized the online trading business, and despite the appearance and attempts of many new online auction sites to reap the benefits of their great idea, they seem to have remained unharmed. In fact, eBay reportedly trades over 5 billion dollars in goods each year. Not bad for something someone developed in their spare time.

The site originally popped up back in 1995, and has since accumulated an amazing number of over 18.9 million registered users that log in to buy, sell, or perhaps even just browse around for the hell of it. By offering a broad variety of things to sell that can range from articles of clothing to pop bottles to old cds, you could pretty much find anything you could possibly imagine on the site, and at a decent price too. Bidding for items has started as low as 25 cents, and depending on the item, can sell for mere dollars. Prices can also escalate in the purchases of fine goods like jewelry, or even automobiles, boats, trailers, and jet skis. You can

still find them here at much lower prices than at stores, but at the same time keeping in mind that in many cases you are getting these items used.

Not only is it providing people with the ability to get rid of their junk, such as old clothing patterns, or even Internet domain names, but it also presents people who are starting their own businesses with a marketplace to sell their products and get their name recognized. By selling their products, say clothing for example, at a lower price, then people will pick it up if they're looking for it, and with this comes name recognition. By putting on multiple auctions, they may perhaps buy other items, or tell a friend, which promotes your name. Eventually, after enough time, you might just find yourself with a rather decent name being made and leaves you with the option of either jacking up the prices a little more, or expanding onto the rather large world of the Internet and trying it on your own.

The site also hosts a panel of mirror sites that are specific for different countries around the world. There is, for example, eBay Canada, eBay Australia, eBay Italy, etc. These sites (unlike the main eBay site in which all transactions involve American currency unless otherwise specified) involve transactions in the currency of the country itself, unless otherwise marked. For instance, if you are shopping at eBay Canada, you'll know that the products are

being sold in Canadian funds, and within Canada usually, so you need not worry about figuring out conversion rates and shipping costs, and in general the price of the product should be considerably lower than that of the same product on the American version of the site. This is a nice little bonus to increase our shopping pleasure, and provides us with a chance to remain a little more local.

And the fine line for choosing eBay as your shopping and selling center? Well, of course there has to be hidden costs somewhere, aside from that of the shipping and handling costs. If you're planning to bid on or browse the auctions on the site, then there is no fee for either of these. However, if you are planning to sell, expect to dish out a little dough. The amount is actually rather small, but still a fee nonetheless. There are typically two, being the insertion fee, and the final value fee. The insertion fee will range from 30 cents to \$3.30 depending on the value of your opening bid. The final value is about 1.25 - 5% of your final sale price. Add these together and you get the value of your selling transaction on eBay. So in the end, for mere pennies you can get rid of the junk that's been sitting around your apartment, cluttering up the space. Really, you can't say that it's that bad a deal, and hey, you can always use those pennies you earned to buy someone else's junk off the eBay site. One man's garbage is, after all, another man's treasure.

The Workings of Online Auctions

Sarah Hamelin
Asst. Features Editor

The net is constantly expanding, and with this are the options for services and media that will appeal to the consumer and draw in the big crowds, and subsequently the big bucks. But what do those who don't really have any products to mass market, but want to have some form of online site generating revenue do? They create an online auction site, which was the basic idea behind sites like yahoo! auctions, ubid, and the infamous eBay.

But how exactly are these sites working to bring in the money for the creators? Well, all they are in reality is a large group of databases that are compiled together to form an auctioning network. The system itself works in the same way that a normal auction would, in the sense that a person bids, and the highest bid will get recognized and from there that person's name is stored until another higher bid comes along.

The databases in this case are the auctioneer. They sort through the commands and determine what values are highest and worth storing, while others will be used to track down the seller and buyers information, items, and the bids thus far.

They are generally one of three kinds: the user registration table, in which one finds all the information that is related to the user; the transaction tables in which bids are recorded; and the item listing, where we find the item, its corresponding number, and a brief description, with sometimes an image accompanying it. By interacting with one another is how the process bids, and stores the information on the server until the next bid comes along, at which point the process repeats itself.

All these tools make it sound like a rather secure and safe place to do your online purchasing and/or trading. Well, this is necessarily the case all the time. In fact, eBay has had more than one case in which their servers have been down for times that exceed 10 hours, and in one case was down for a total 22 hours while they were repairing the problems. During this time, the server itself was inaccessible to users, and auctions that were in the process of running were halted. In fact, the problem with the server was so severe that the system disk, on which all the databases and information are stored, had to be rebuilt, and everything had to be reloaded from backup sources.

It was reported that in one case it was simply a bug in the system, which led to the server crashing twice in one week. For the rest, reasons were listed as being unknown, or were simple undisclosed.

So where does a server crash leave auctioneers and browsers? Well as mentioned before, everything is backed-up and then reloaded back up onto the server. The auctions are for the time being put on pause, and then resumed when the server is back up and running. So the only real negative side-effects are an increased length, and a bit of irritability from being unable to check up on them, or finish them in the preset amount of time.

Despite its problems, eBay has however been better as time as progressed in terms of its accessibility to users. Since 1999, it has only had a few problems, and even then they paled in comparison to the continuous problems they encountered over the period of 1998. Having improved the databases and software on their server, eBay is by far more user-friendly and dependable than it was in its early years, and more than prepared enough for the advances in technology that will be rising in the years to come.

How I Paid for School on eBay

...and Tips so You Can do The Same!!!

by Jason Knight
contributor

Ever wondered if you could actually make some money on-line in a legal way? Well, you can and eBay is the easiest way to make a fortune and not have to tell anyone about it!

A lot of students have come across the glamour of buying cheap on eBay, but not to many have ventured into the selling side of things. Well, last summer I was bored and logged on. I started looking for things I could buy. I bought a few hundred dollars worth of other peoples junk but started to run low on cash. I looked around the apartment and found a few things I could sell to make cash. All of a sudden I was making more than I was selling and now, after nine months registered on eBay, I have completed 300+ transactions and made around \$6000.00 all in US currency. Not a bad figure for a student on a fixed budget. How did I do it? I'll give you a few tips:

1) Always sell in US Currency. Although eBay does have an eBay.ca site where you can buy and sell in Canadian dollars, you will make much more trading in the normal areas. The exchange rate between Canadian and US funds is so high that you will make your selling price plus half again. For example; I sell a DVD for \$20 US plus \$5 shipping. Once I cash the money order in I actually walk away with around \$37.50 Canadian.

2) Learn About what You Sell. It is easy to sell your old toys and CDs on eBay, but there are many things that are worth more than you think. Certain CDs can be worth a few hun-

dred dollars if you know what to look for. I have sold eight CDs found at used music stores for \$5 each and made anywhere from \$20 - \$200 a piece. Always search for what you are thinking of selling and watch their selling patterns. If there are a lot of the item on eBay already, you won't get as much for it. Wait until you are one of the only ones.

Also pay attention to what people want. Transformers are HUGE on eBay and many of them go for a few hundred bucks a piece. Search toy sections on eBay and just look at selling prices. When you find a few that constantly sell high, look for them at Value Village and other second hand stores. One toy I found for two dollars fetched \$87 US on eBay.

3) Don't Sell More Than One of The Same Item. You can sell the same item on eBay and make good profit, but don't list them all at the same time. If you list one movie that ten people want, they will fight over it and your selling price will skyrocket. If you list ten of the same movie all ending on the same day everyone will bid on different ones and you will make much less. Even if you have ten of the movie to sell, sell them at different times.

4) Make Smart Listing Titles - there are many tricks to listing an item, but the title that shows up in the search categories is what will draw people. Using terms like Out of Print (OOP), rare, Hard to Find (HTF) and Special Edition peak people interest. One DVD that I have sold on eBay is a Canadian release with a different cover than in the US. Listing it as

RARE CANADIAN EDITION HTF has US buyers going nuts and the DVD that I bought for \$15 sells for \$60 a piece. Don't lie; just make the item seem more important and rare with the information you have. You are telling the truth, just in a strange way. American collectors love rare Canadian things. I don't know why, but I blame some of it on inbreeding.

5) Don't Pay through On-Line Payment Sites. These sites may look like a good idea, but in the end you will pay way too much in service charges. The best thing to do if you buy and sell is open a US Currency account. Deposit all you cheques and cash into the account and sell it for Canadian when the exchange rate is in your favor. If you are buying, you can use the money that you got from selling and send it back out, avoiding the higher buying exchange rate and saving a few bucks here and there. Some banks also have US accounts where you don't have to pay a fee for US money orders which will save you a lot of money in the long run. Just turn your own money around and you will never lose out.

6) Watch Feedback Very Closely. This is the most important tool on eBay. If a person has low or excessive negative feedback then you may not want to deal with them. People with low feedback can be trusted, but if you are buying a big-money item, try to find someone who has made a lot of deals already on eBay. A person who has 200 positive feedbacks from buyers is easier to trust than someone who has 10.

This is also true for selling. If someone has shades by their name,

negative or no feedback you have a good chance of being screwed. eBay does have ways of getting your fees back, but it can be a pain. Out of about 250 sales, I have had about 40 people not pay. There are deadbeats on eBay, but there are a lot of honest people too. just make sure when you are selling that you state that you will not sell to anyone with a negative rating and that will keep some of the deadbeats away.

Other tips:

- Don't buy the first one you see. Search for multiple items and bid on the best ones.
- Always list your items to end on a Friday or Saturday night. This is the busiest time on eBay and more people will see it in it's last few hours.
- Bid on items ending early in the morning or late on a Sunday night. No one is on eBay or the people who may want to fight you for an item are probably sleeping.
- Always charge in US currency what it costs in Canadian to ship. Americans never figure out that a \$4 stamp from Canada really only costs about \$2.60 US. After a hundred transactions the extra dollars you make off the exchange will add up to a rent payment or two.
- Never leave negative feedback for a deadbeat buyer until you have got your fees reimbursed. Once you have gone through the Non-Paying Bidder steps, you can leave feedback at the end but they cannot. So you can nail them with a DEADBEAT feedback and all they can do is bitch and moan because the cannot get you back. If you leave the negative too early, they can get you with one.
- Feedback cannot be removed so

watch what you do. Too many negatives can kill your personality and trust on eBay.

- Buy in bulk but sell in singles. A box of twenty GI JOE figures may cost you \$20, but broken up and sold as singles, they can bring you ten times that amount. People selling bulk don't know what they are doing. just one item in the box could be worth more than the rest. I bought 12 Stephen King Hardcover books for \$25. I sold five of them that I already had as separate items and made back my \$25, plus \$18 profit.
- Keep track of everything you do. OSAP may never catch you for the extra income, but it is usually good to keep track of your auctions when buyers and sellers have questions for you. Just remember, when the feds come for you... BURN THE BOOK!!!

Hopefully, these tips will help you find cheaper items or make some good money on eBay. Not everyone will make the money that I have, but find something you are interested in and learn about it. My little sister is making a mint off Strawberry Shortcake figures right now. Sell what you know. Americans are easy marks. Things that are hard to find in the US may be easy to find here in Ontario. When they think they are getting a deal, you're making a killing.

A few hours a week on eBay and you could be making your rent every month. Hell, just this past weekend I made \$360.00 in US currency selling 8 VHS tapes, 5 DVDs and about 10 CDs. Not bad for a few hours on-line!



MARCH CALENDAR OF EVENTS BROUGHT TO YOU BY THE SGA

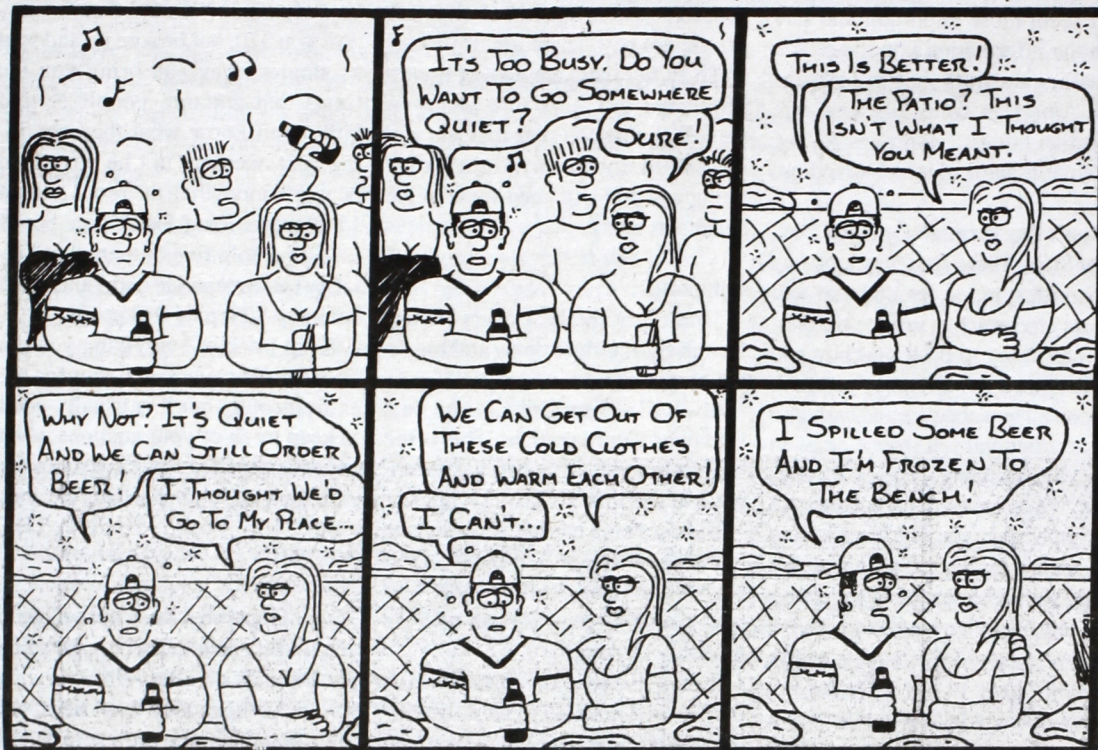


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5		7 Oh Susanna in The Pub ELECTIONS Check in the Lambda for your polling station	8	9 Open Mic Night	10
11 SGA AGE	12 March Break Tours (English)	13	14	15	16 March Break Tours (French)	17 SGA AGE
18	19	20 Sign Ups Begin for I AM (Finish the 28th)	21 Theme Night In The Pub Sex on the Beach Party	22 Day Against Racism	23	24
25	26 Stress Buster 10-4	27 Free Movie @ Cine + Animal House	28 Sons of Maxwell In The Pub (FREE)	29 Sex with Sue @ 4pm In The Pub	30 Melanie's Love Seat In The Pub	31 I AM LAURENTIAN

COMICS

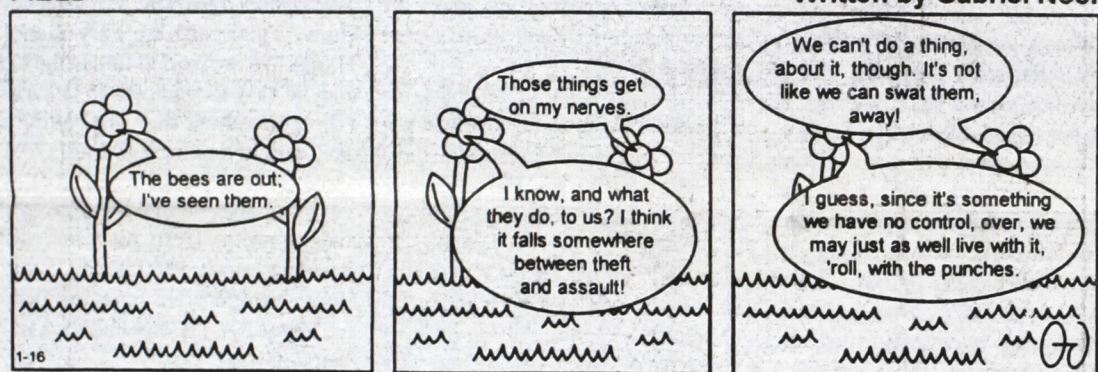
DOWNUNDER

by Mat Thompson



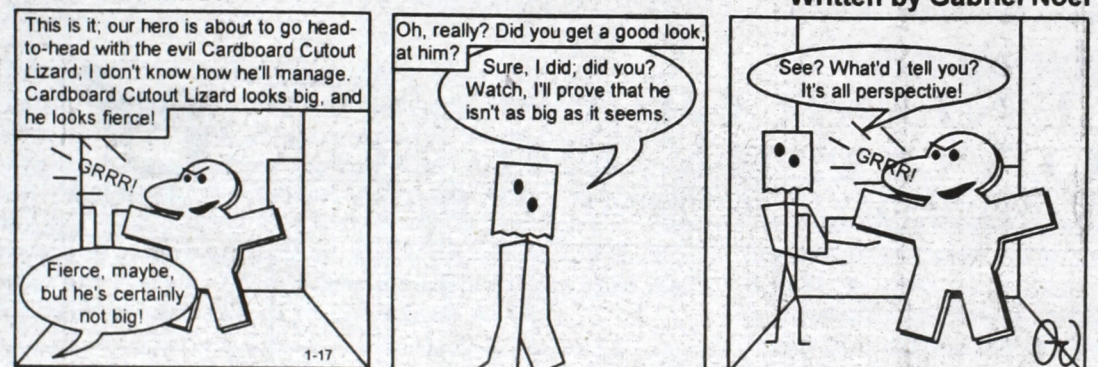
FIELD

Written by Gabriel Noël

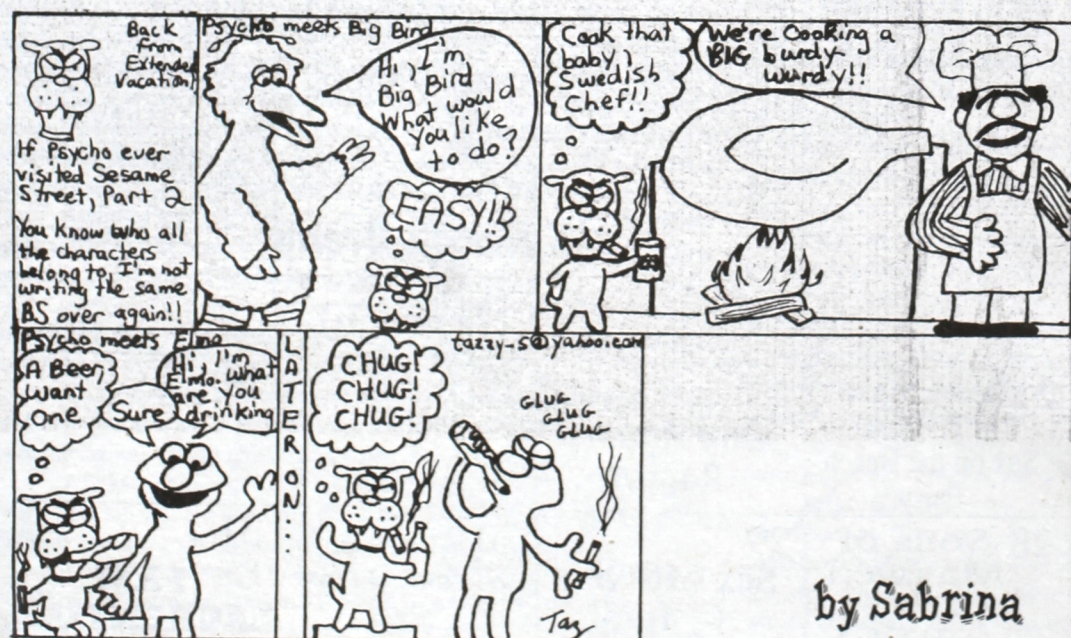


ECONOMY MAN

Written by Gabriel Noël



The Adventures of Psycho the Dog



by Sabrina
'Tazz' Sandrin

YAHOO NEWS

Make that a Sliced Turkey Sandwich -
Hold the Thumb

www.yahoo.com

Hyannis, Mass,

Barnstable High School students are examining their cafeteria food a little more closely after one student found a slice of thumb and a bit of nail in her turkey-and-tomato sandwich.

Sodexo Marriott Services, which serves more than one million meals a day at schools, colleges and corporations throughout the United States, said that one of its cafeteria workers at the high school had severed the top of her thumb in a slicer.

"The student found a foreign object in her sandwich. The health department said it was human tissue. It is our understanding it was not swallowed. There have been no signs of physical illness," Sodexo spokeswoman Leslie Aun said. "We're very sorry this has happened. It is completely unacceptable."

The worker was sent home from the school in Hyannis on Cape Cod and it is not expected to return to work for another week, Aun said.

State health department spokeswoman Rosseanne Pawelec characterized the incident as "an unusual accident, but there is really no public health threat here." She said the local health department was investigating the matter.

Stogie by Jesse Brooks



Booker, a man well endowed with large nuts, unwittingly ambles into Hungry-Rabid-Militant Squirrel City Park.



Free Pool
EVERY
Friday Night

STUDENT SAVER
SATURDAYS!!!

DJs Every Wednesday through Saturday Nights